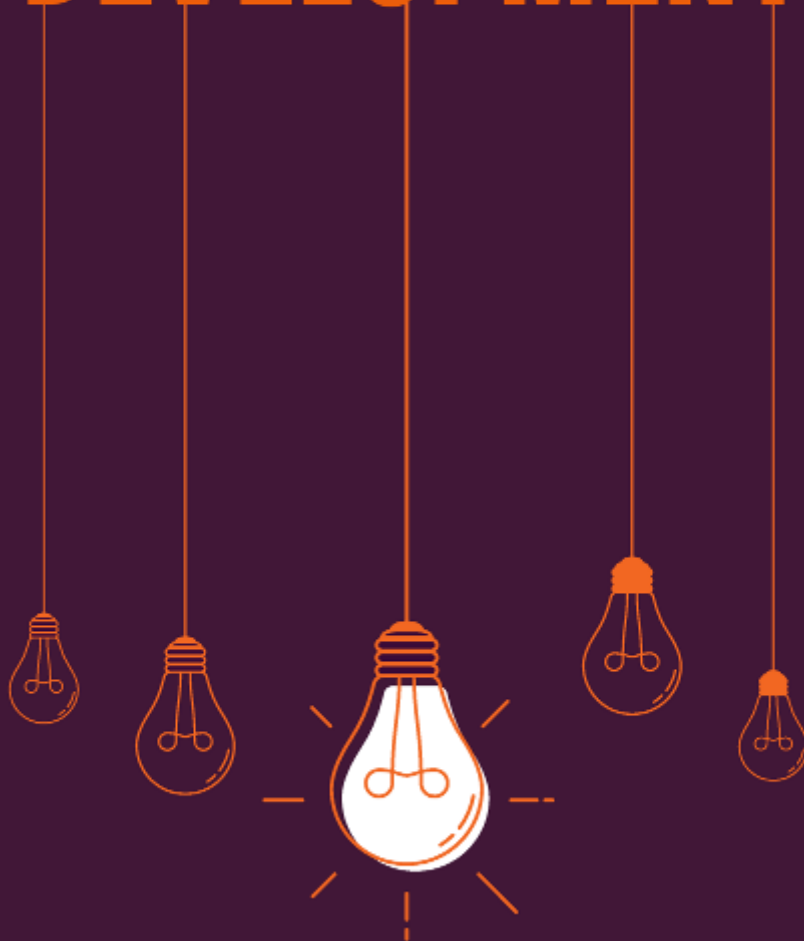




UNIVERSITY
of York

**Research Culture &
Researcher
Development**

RESEARCHER DEVELOPMENT



2025-2026

**Professional and career development
opportunities to support researchers**



Whether you're at the start of your research career, joining York for an exciting new project, or you're an established member of our research community - we're here to support you, your research, and our whole research community.

The **Research Culture & Researcher Development Team** delivers and coordinates a comprehensive programme of professional development, events and skills training, for all Researchers at The University of York. We're also proud to support the wider research community at York, through our work to build a positive **Research Culture**. Research-enabling and technical staff are also encouraged to join our sessions and use the resources.

This programme outlines training available specifically for Researchers at York - from the Research Culture & Researcher Development Team, Professional Support Teams and external facilitators, plus a range of internally and externally created on-demand resources. These on-demand resources, and our provision of sessions at varying lengths across the working week as well as special evening sessions, help to make sure everyone, including distance learners and those with caring responsibilities, can access our researcher development programme. **The programme will be updated throughout the academic year, so please check back regularly for any new workshops and resources.**

Follow us on **LinkedIn** for updates on training, events and opportunities. If you're a PGR, you'll also receive updates about professional development opportunities via the YGRS Newsletter, while Research Staff will receive the Research Staff Newsletter (you can subscribe by emailing research-culture@york.ac.uk).

Have any questions? Please don't hesitate to contact us!

Email - research-culture@york.ac.uk

Phone - (+44) 01904 325399

LinkedIn - **Research Culture & Researcher Development at The University of York**

Our training is organised into themes, and indicates the suitable audience, whether it's an in-person or online training session, an event, or a resource. Use the directory on the following pages to explore the themes, or navigate to individual sessions.



For Postgraduate Researchers (PGRs - PhDs, Masters by Research and MPhil), we offer online and in-person training that is bookable via **SkillsForge**, where you can also access your training record. Your skills training record, along with your **Professional Development Plan (PDP)**, should be discussed as part of your regular supervisor meetings and meetings with your **Thesis Advisory Panel (TAP)**.

For Research Staff (including Postdocs, Research Associates, Fellows, academic, technical and research-enabling staff), we offer online and in-person training bookable via the **Learning Management System (LMS)**. Research Staff should use the **Looking Beyond Horizons** resources to plan and make informed choices about individual career and professional development needs.

Staff and PGRs at York can also take advantage of using the **The Vitae Researcher Development Framework (RDF) Planner** as part of our institutional subscription.

To book your place on a workshop, click on a session title in the Training Directory, which will lead you to the session page. Once on the page, look for 'Book via' and click either the 'SkillsForge' or 'LMS' link, which will then take you to the booking page for that session.

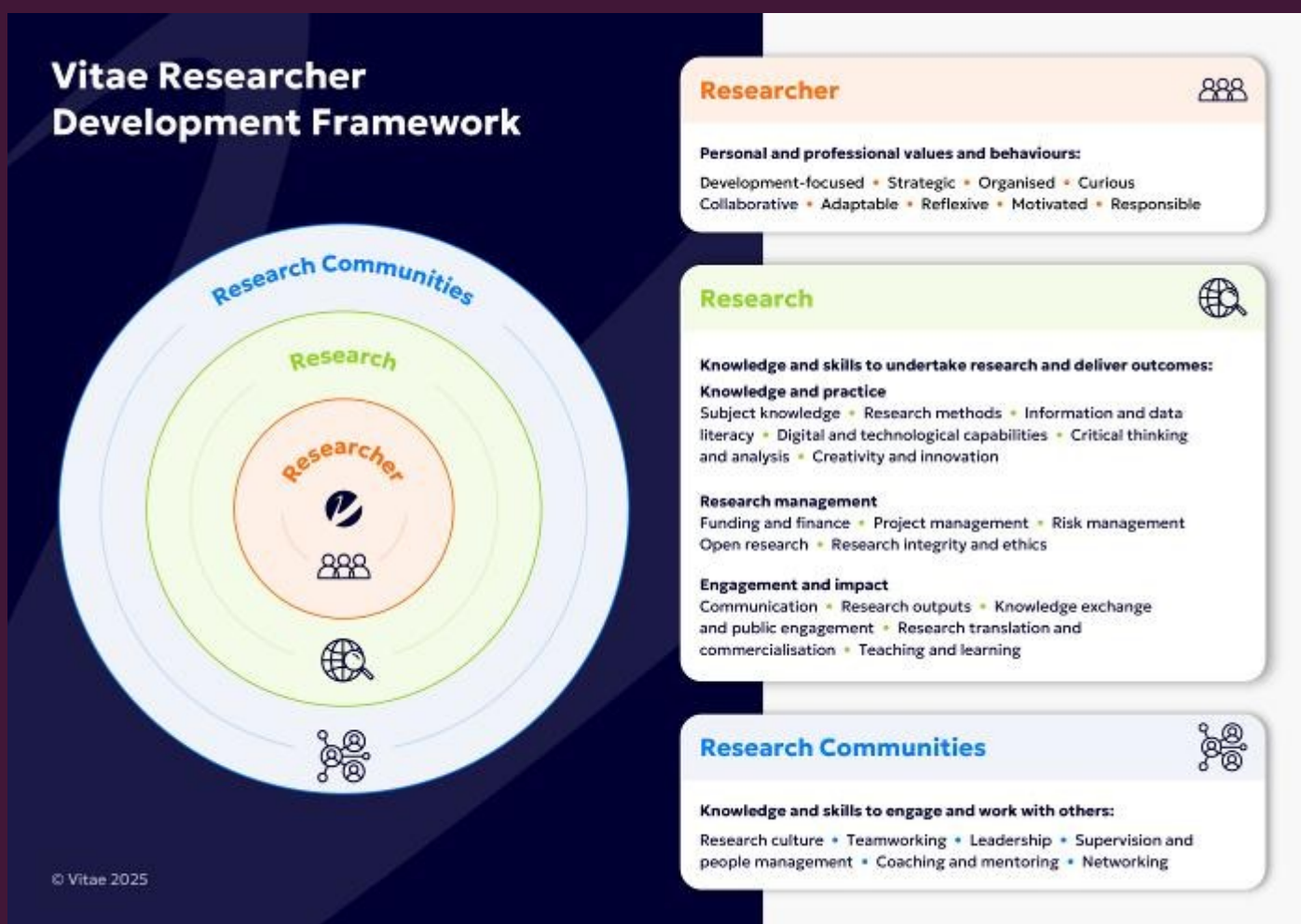
How do I know what training to attend?



We appreciate your time is precious, and that you want to attend training to develop yourself, your research skills, and contribute to a positive research culture. Therefore we want you to be able to make informed choices about the sessions you book on to.

As well as including a range of information for each session in this programme, all of our sessions are mapped to **Vitae's Researcher Development Framework (RDF)** - a guide to those involved in research, on the knowledge, skills, and behaviours of effective researchers.

On each of our workshop pages, we have highlighted which RDF Value, Skill and/or Behaviours the session will help you develop, colour coded to match the RDF:



Training directory

Academic Writing -- 9

All Day Writing Retreat -- 10

Briefly About - Planning Your First Academic Paper -- 11

Endnote -- 12

Fundamentals of Academic Writing

- Laying the Foundation for Clear Writing -- 13
- Strategies for Effective Drafting -- 14
- Strategies for Effective Editing -- 15
- Getting the Writing Written -- 16

Making Your Publication Open Access -- 17

Searching the Literature -- 18

Your Research Profile, Reputation and Impact - An Introduction to Bibliometrics -- 19

Effective, Responsible & Impactful Research -- 20

Additional IT and Digital Skills Training -- 21

An Introduction to IP for Postgraduate Researchers -- 22

An Introduction to Using Generative AI Tools for Researchers -- 23

Briefly About - Research Project Management -- 24

Copyright and Licensing: the Basics -- 25

Framing Your Research Question -- 26

Introducing the Open Research Team -- 27

Introduction to Intellectual Property and Research Commercialisation -- 28

Managing Sensitive Research Data -- 29

Managing Your PhD Research Project -- 30

Open Research Practices and Principles: the Basics -- 31

Rekindling Your Research: Finding Focus and Direction as an Established Researcher -- 32

Policy Masterclass -- 33

Responsible Research & Ethics -- 34

Storytelling for Policy Training -- 35

Trusted Research and Due Diligence -- 36

What Goes into a Grant? -- 37



Training directory

Employability & Career Development -- 38

- Beyond Academia: How to Find a Career That Suits You -- 39
- Beyond Academia: Recognising the Value of Your PhD Skills -- 40
- Building your Profile on LinkedIn -- 41
- Creating your Career Narrative -- 42
- CV and Application Essentials for Postgraduate Researchers -- 43
- Interview Essentials for Postgraduate Researchers -- 44

Managing Your Data -- 45

- Archiving your Research Data -- 46
- Beginners Guide to Quantitative Data Analysis -- 47
- Choosing the Right Statistical Software for you -- 48
- Data Management Plans: Getting Started -- 49
- Getting Started with RStudio -- 50
- Getting Started with SPSS -- 51
- Getting Started with STATA -- 52
- Introduction to NVivo -- 53
- Research Data Management: the Basics -- 54
- Using Generative AI with Research data: Case Studies -- 55

Preparing for Your Thesis & Viva -- 56

- Completing Your Thesis -- 57
- Microsoft Word for Dissertations and Theses -- 58
- Preparing for your First TAP meeting -- 59
- Preparing for your Viva -- 60



Training directory

Presenting & Communicating Your Research -- 61

Academic Posters - Designing Posters in PowerPoint -- 62

Advanced Oral Presentations: Secrets of Great Presenters -- 63

Communicating Research on Social Media: What, How, and Where -- 64

Communicating your Research using Generative AI -- 65

Designing Presentations in PowerPoint and Google Slides -- 66

Digital labs: Creativity Lab and YorCreate -- 67-68

Engaging the Public with your Research -- 69

Presenting Data Clearly and Effectively -- 70

Research Impact & Knowledge Exchange -- 71

Research Impact & Knowledge Exchange Training -- 72

Valuing Voices -- 73

About Valuing Voices -- 74

Valuing Voices Workshops -- 75

Wellbeing -- 76

Building Resilience & Balance -- 77

Exploring Imposterness, Confidence and Self-Belief -- 78

Getting Started With Your Research Degree -- 79

Stress Management for Researchers -- 80

Wellbeing for Researchers with Introduction to Bookbinding -- 81



Training directory

York Fellowship Launchpad -- 82

An Introduction to the Fellowship Launchpad -- 83

NAVIGATE: Leverhulme Early Career Fellowships -- 84

EXPLORE: Research Funding (and Why it Matters to You!) -- 85

EXPLORE: What is an Early Career Fellowship? -- 86

EXPLORE: Choosing the Right Scheme for Your Research -- 87

EXPLORE: Finding a Fellowship Mentor -- 88

EXPLORE: Developing a Fellowship Application: Step by Step -- 89

NAVIGATE: UKRI Future Leaders Fellowships -- 90

EXPLORE: Identifying your Professional Development Needs in Fellowship Proposals -- 91

EXPLORE: Writing a Lay Summary Within a Fellowship Application -- 92

EXPLORE: Getting Started with Your Narrative CV -- 93

EXPLORE: Planning for Impact in Fellowship Applications -- 94



Resource directory

Internal -- 95

Academic Writing Centre -- 96

Careers and Placements -- 96

Interactive Guide to Creating Your Lab Handbook -- 96

Involvement@York Resource Library -- 96

Maths Skills Centre -- 96

Mentoring & Coaching for University Staff -- 97

eResources Guide -- 97

Planning your Professional Development -- 97

Postgraduate Researcher Mentoring Scheme -- 97

Practical Guides -- 97

Research Coding Club -- 98

Research Culture & Researcher Development Team Resources -- 98

Skills Guides -- 98

Subject Guides -- 98

The Anti-Racist Research Toolkit -- 98

External -- 99

British Academy Early Career Researcher Network -- 100

FutureLearn Career Management for Early Career Academic Researchers -- 100

Narrative CVs -- 100

Prosper Portal -- 101

Vitae -- 101

White Rose University Consortium -- 101

Events

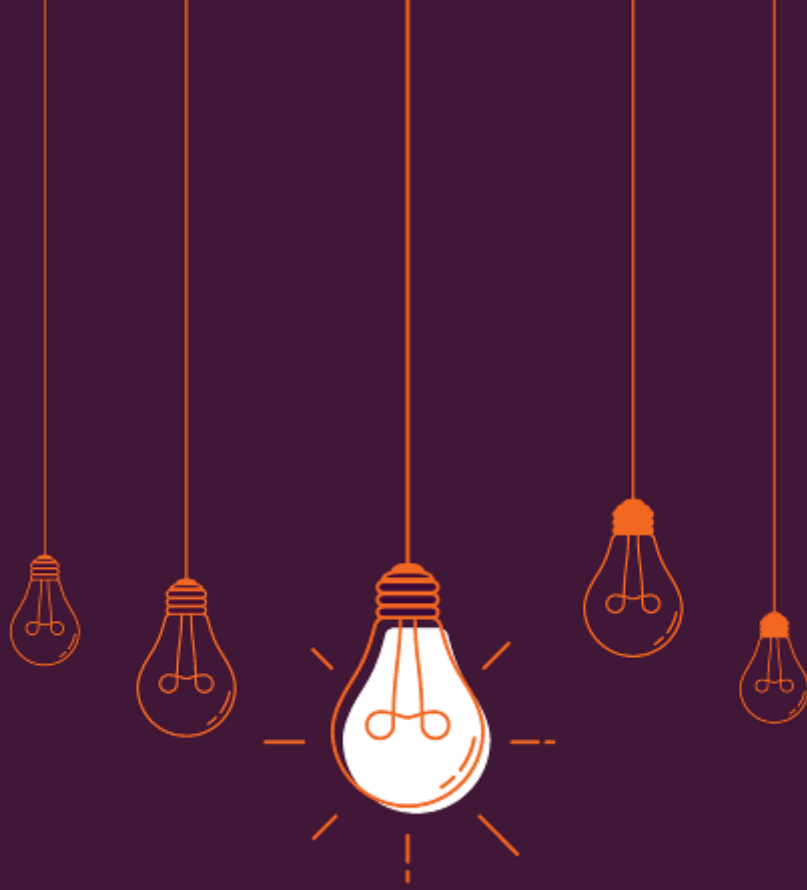
Events -- 102

Celebrating Spaces: Connecting Researchers -- 103

PhD Spotlight -- 103

Three Minute Thesis (3MT) -- 103





Academic Writing



All Day Writing Retreat

Audience: PGRs, Staff

Book via: SkillsForge (PGRs), LMS (Staff)

Available: In Person

Duration: 7.5 hours

RDF Value/skill/behaviour: **Organised**, **Communication**

Session outline

This workshop is for Postgraduate Researchers with little or no knowledge of the journal publishing process.

Join us for a concise, 30-minute session designed to demystify the journal publishing process. This session will provide you with a clear understanding of the steps involved in getting your research published in peer-reviewed journals.

By the end of this session, you will be equipped with the knowledge and confidence to navigate the journal publishing process effectively, increasing your chances of successful publication.

Learning Objectives

- Explore the step-by-step guidance on the submission process, including common requirements and best practices
- Understand the peer review process and how to respond to reviewer comments



Briefly About - Planning Your First Academic Paper

Audience: PGRs

Book via: [SkillsForge \(PGRs\)](#)

Available: Online

Duration: 30 minutes

RDF Value/skill/behaviour: **Organised**, **Communication**

Session outline

This workshop is for Postgraduate Researchers with little or no knowledge of publishing in peer-reviewed journals.

Join us for a concise, 30-minute session designed to guide you through the essentials of planning your first academic paper. This session will provide you with a clear roadmap for structuring your research, organising your ideas, and setting achievable writing goals.

By the end of this session, you'll have a solid plan in place to confidently start writing your first academic paper, ensuring a smooth and productive writing experience.

Learning Objectives

- Learn to develop a detailed outline to guide your writing process
- Explore effective methods for gathering and organising your sources
- Discover effective ways for drafting, revising, and polishing your paper



Endnote

Audience: PGRs, Staff

Book via: [SkillsForge \(PGRs\)](#), [LMS \(Staff\)](#)

Available: Online

Duration: 2 hours

RDF Value/skill/behaviour: **Information and data literacy, Digital and technological capabilities, Critical thinking and analysis**

Session outline

Want to know how to use EndNote to keep track of your reading material, store bibliographic information, and cite material in your written work? EndNote is a reference management application that allows you to create a library of references, search and organise your library, and insert citations into Word (or Google Docs). It is particularly useful for anyone dealing with large amounts of references, such as for an extensive literature review or systematic review.

In this 2 hour long session, you will explore the functionality of EndNote, learn how EndNote desktop and EndNote web/online work, and have a go at using EndNote for managing your references. Before the session, you might want to install EndNote on your computer; see the IT Services [EndNote page](#) for information on how to do this.

For more information on reference management applications including EndNote, see our [Reference Management Practical Guide](#)

Learning Objectives

- Be aware of how EndNote can be used and how the different components of EndNote work together
- Understand the four major functions of reference management applications and the EndNote features that allow users to perform these functions
- Be able to apply the functions of reference management to using EndNote effectively to manage reading material



Fundamentals of Academic Writing: Laying the Foundation for Clear Writing

Audience: PGRs, Staff

Book via: SkillsForge (PGRs), LMS (Staff)

Available: Online

Duration: 3 hours

RDF Value/skill/behaviour: Critical thinking and analysis,
Communication

Session outline

This session is part of a series of 4 interconnected workshops, while it is encouraged to attend all 4 sessions, they can be attended individually.

Module 1 uses participatory activities to explore what is meant by 'logical argument' by:

- Clarifying 'first principles', such as what actually is 'research' and 'academic writing'
- Examining how English 'works' in terms of the 1 Fact and 4 (implicit) Influences that have shaped what constitutes a logical argument
- Showing participants a simple yet fundamental organising principle to create clarity – itself a vital feature for publication – at different structural levels from the sentence to the article or thesis.



Fundamentals of Academic Writing: Strategies for Effective Drafting

Audience: PGRs, Staff

Book via: SkillsForge (PGRs), LMS (Staff)

Available: Online

Duration: 3 hours

RDF Value/skill/behaviour: Critical thinking and analysis,
Communication

Session outline

This session is part of a series of 4 interconnected workshops, while it is encouraged to attend all 4 sessions, they can be attended individually.

Module 2 helps participants write more efficiently and effectively by:

- Uncovering the implicitly expected patterns in Introductions, Conclusions and Abstracts, which then become models to help participants write, think, and persuade more effectively and efficiently
- Appropriately exploring participants' feelings about writing to increase effective drafting by reducing possible psychological barriers
- Featuring a 1 hour Writing Work Out, in which participants learn and apply simple writing strategies to help them 'warm-up' and calm anxieties; 'work out' by outlining the large-, medium-, and small-scale structures of their article/thesis; 'cool down' by setting themselves up for the next time they write



Fundamentals of Academic Writing: Strategies for Effective Editing

Audience: PGRs, Staff

Book via: SkillsForge (PGRs), LMS (Staff)

Available: Online

Duration: 3 hours

RDF Value/skill/behaviour: Critical thinking and analysis,
Communication

Session outline

This session is part of a series of 4 interconnected workshops, while it is encouraged to attend all 4 sessions, they can be attended individually.

Module 3 helps participants make their writing clear by:

- Showing them a range of practical, time-efficient strategies to help them edit their work effectively
- Deepening and embedding participants' understanding of how to write clearly by revisiting the principles in Module 1
- Examining, through practical examples, two fundamental features of academic language – Nominalisations and Hedging – to help participants use them effectively and with confidence



Fundamentals of Academic Writing: Getting the Writing Written

Audience: PGRs, Staff

Book via: SkillsForge (PGRs), LMS (Staff)

Available: Online

Duration: 3 hours

RDF Value/skill/behaviour: Critical thinking and analysis,
Communication

Session outline

This session is part of a series of 4 interconnected workshops, while it is encouraged to attend all 4 sessions, they can be attended individually.

Module 4 helps participants increase their productivity and decrease their procrastination around writing by covering a range of 'tricks and tips' and topics, including:

- The impacts of multi-tasking on your focus
- Your motivations for doing research, whether at PhD or postdoctoral levels
- Taking a dive into managing your procrastination
- The mechanisms of habit-formation, so that you can turn productive writing actions into consistent effective habits



Making Your Publication Open Access

Audience: PGRs, Staff

Book via: SkillsForge (PGRs), LMS (Staff)

Available: Online

Duration: 1 hour

RDF Value/skill/behaviour: Open research, Responsible, Research Outputs

Session outline

Open access scholarly publications, free for anyone to access online and to reuse, are generally read and cited more than those hidden behind a paywall. Open access can improve the communication of research ideas, make academic research accessible to new audiences, and improve public accountability.

For these reasons funders of research increasingly require that the publications resulting from the research they fund are made as open as possible. This workshop will give an introduction to Open Access to research publications, why it's important, and options for making your publication open.



Searching the Literature

Audience: PGRs, Staff

Book via: [SkillsForge \(PGRs\)](#), [LMS \(Staff\)](#)

Available: Online

Duration: 2 hours

RDF Value/skill/behaviour: **Information and data literacy,**
Research methods, Subject knowledge

Session outline

This workshop is designed to help PGRs and research staff to search for scholarly literature with confidence. It is particularly relevant to PhD students collecting scholarly papers for their literature review but the search skills covered can be applied in a range of contexts.

The workshop will look at stages in the literature search process, from an overview of planning a search, through developing an effective research strategy, to obtaining access to the literature identified. There will be opportunities for hands-on experience of using University of York online resources relevant to your subject area and using your own research topic.

There's more advice on literature searching on our [Searching for information guide](#)

Learning Objectives

- Know how to plan a search and develop an effective research strategy
- Recognise the range of search tools available and be aware of their strengths and weaknesses
- Be able to conduct an effective search on multiple tools utilising advanced search techniques; Know how to access texts located through a searchC



Your Research Profile, Reputation and Impact - An Introduction to Bibliometrics

Audience: PGRs, Staff

Book via: [SkillsForge \(PGRs\)](#), [LMS \(Staff\)](#)

Available: Online

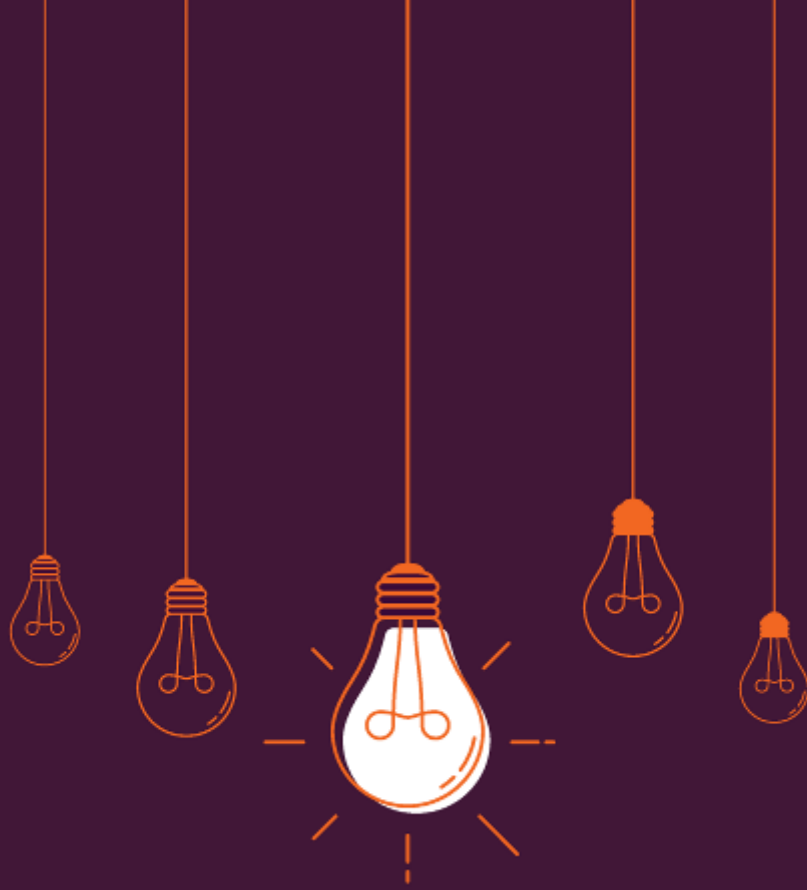
Duration: 1.5 hours

RDF Value/skill/behaviour: **Information and data literacy,**
Research methods, Subject knowledge

Session outline

This workshop will cover how published research outputs are measured at the article, author and journal level. In the second half, we will move into a more hands-on phase, to give you the opportunity to explore how to improve your research profile and evidence your strengths using bibliometrics.

The remainder of the session will be given over to Questions and Answers.



Effective, Responsible & Impactful Research

Additional IT and Digital Skills Training



RDF Value/skill/behaviour: Information and data literacy, Digital and technological capabilities, Critical thinking and analysis, Responsible, Communication

The **Academic & Digital Skills Team** run a number of additional IT and Digital Skills training workshops, covering a wide variety of topics that can be broadly applied to research and research-adjacent work. These sessions are open to PGRs and Staff, and can be accessed via the respective hyperlinks below.

Creating Accessible Documents: [PGRs](#), [Staff](#)

Creating Accessible Presentations: [PGRs](#), [Staff](#)

Creating Google Sites: [PGRs](#), [Staff](#)

Creating Surveys with Qualtrics - Beyond the Basics: [PGRs](#), [Staff](#)

Creating Surveys with Qualtrics - Getting Started: [PGRs](#), [Staff](#)

Essential Spreadsheets: [PGRs](#), [Staff](#)

Google Forms - Getting Started: [PGRs](#), [Staff](#)

Google Workspace Essentials: [PGRs](#), [Staff](#)

Image Editing, Infographics, and Communicating Information Visually: [All bookings](#)

Introduction to Coding: [PGRs](#), [Staff](#)

Introduction to Programming with Python: [PGRs](#), [Staff](#)

Looker Studio - Getting Started: [PGRs](#), [Staff](#)

Working with PDFs: [PGRs](#), [Staff](#)

An Introduction to IP for Postgraduate Researchers



Audience: PGRs

Book via: [SkillsForge \(PGRs\)](#)

Available: Online

Duration: 1 hour

RDF Value/skill/behaviour: Research translation and commercialisation, Creativity and innovation, Strategic

Session outline

An opportunity to learn from a leading patent attorney about IP and how postgraduate researchers in any discipline should be considering IP in their research.

Learning Objectives

- What is IP and how to identify it in your research
- Different types of IP protection: patents, trademarks, copyright and database rights
- What constitutes work that could lead to an invention
- Being mindful of oral presentations and disclosures

An Introduction to Using Generative AI Tools for Researchers



Audience: PGRs, Staff

Book via: [SkillsForge \(PGRs\)](#), [LMS \(Staff\)](#)

Available: In person

Duration: 2 hours

RDF Value/skill/behaviour: **Curious, Adaptable, Digital and technological capabilities, Creativity and innovation**

Session outline

Want to know more about the generative artificial intelligence (AI) tools people keep talking about? Interested in if generative AI tools might be used, or not, as part of your research process, and what this might mean for research in the future?

In this introductory session, we will explore some of the concepts and myths behind generative AI tools like ChatGPT, Microsoft Copilot, and Google Gemini. We will look at what these tools can actually do and what they aren't so good at, and discuss some of the benefits and issues when using these tools as part of the research process.

You do not need any knowledge of artificial intelligence to attend this session.

This session is not going to cover:

- building your own generative AI tools
- writing code for machine learning

For more about generative AI tools see our [Digital Creativity: AI generation guide](#)

Learning Objectives

- Be aware of what artificial intelligence (AI) and generative AI is and what it isn't
- Be aware of different generative AI tools and services and understand which are available to researchers at York
- Understand some of the ways that generative AI tools might be used as part of the research process and be able to critically evaluate the effectiveness of these tools for research
- Be able to consider some of the ethical and practical concerns around generative AI, particularly relating to how it might be used in academic research



Briefly About - Research Project Management

Audience: Staff

Book via: [LMS \(Staff\)](#)

Available: Online

Duration: 45 minutes

RDF Value/skill/behaviour: [Project management](#), [Supervision and people management](#), [Teamworking](#), [Leadership](#)

Session outline

There is a wealth of information about Project Management, but very little that is specific to managing research projects. In this introductory session, we will focus on practical approaches that are tailored for the University's research environment and systems. Topics will include project planning, monitoring and reporting, budget management and day to day running. This session is aimed at researchers who are new to managing research grants and teams, and don't have dedicated research support.



Copyright and Licensing for Research: the Basics

Audience: PGRs, Staff

Book via: SkillsForge (PGRs), LMS (Staff)

Available: Online

Duration: 1 hour

RDF Value/skill/behaviour: Research translation and commercialisation, Research outputs, Creativity and innovation

Session outline

Copyright legislation and licensing frameworks can be complex, but are essential when it comes to protecting rightsholders/creators and enabling others to reuse material fairly under certain circumstances. It is important for researchers to consider copyright issues throughout the research cycle, whether you are incorporating someone else's work or preparing to make your own material publicly available.

This introductory session covers the fundamentals of copyright and licensing for research, exploring the legal terms, exceptions and licences such as Creative Commons which are most relevant to staff and students preparing material for a thesis or publication. Case studies from York researchers will be shared and we will signpost where further support and guidance can be found.

Towards the end of the session time will be given over to questions and answers.



Framing Your Research Question

Audience: PGRs

Book via: [SkillsForge \(PGRs\)](#)

Available: Online

Duration: 2 hours

RDF Value/skill/behaviour: **Organised**, **Subject knowledge**, **Project management**

Session outline

In this session we'll consider how to come up with a workable research question with regards to the available literature: is there enough information to provide a suitable background? What limits will you need to set? We'll consider which literature will help you contextualise your research and inform your literature search.

We'll explore how to scope a range of different sources, including academic, government and organisational literature. By the end of the session you should be able to understand which literature will help you contextualise your research question, access a range of information sources provided by the University Library, set limits on search queries, and conduct scoping searches on a range of resources.

For more advice on framing your research question, take a look at our [Framing your research guide](#)

Learning Objectives

- Understand which literature will help you contextualise your research question
- Be able to access a range of information sources
- Be able to conduct scoping searches on a range of resources



Introducing the Open Research Team

Audience: PGRs

Book via: [SkillsForge \(PGRs\)](#)

Available: In person

Duration: 1 hour

RDF Value/skill/behaviour: **Open research**, **Responsible**, **Development-focused**

Session outline

This short session will introduce members of the Open Research team and their role working in partnership with postgraduate researchers at York. The team is based at the University Library and provide support around areas such as open access publishing and policy, research data management, data management planning, copyright and licensing, and wider open research practices and principles. The session will signpost where further guidance and skills training can be found, and will provide an opportunity to ask questions at the end.



Introduction to Intellectual Property and Research Commercialisation

Audience: PGRs, Staff

Book via: [SkillsForge \(PGRs\)](#), [LMS \(Staff\)](#)

Available: Online

Duration: 45 minutes

RDF Value/skill/behaviour: Research translation and commercialisation, Creativity and innovation, Strategic

Session outline

This course provides a brief overview of what Intellectual Property (IP) is and most importantly, how it can be used to benefit your research.

Coming away from the session, you will understand how IP and commercialisation processes can be used to increase your research impact, develop new funding opportunities, and strengthen your grant applications.

The course will also highlight common mistakes researchers make with IP and how these mistakes can be avoided in the future.

The Commercialisation Team at the University of York are here to support researchers by helping to turn research ideas into products and services that have societal benefit. That does not mean every product or service needs to be sold necessarily.

In this talk we will show you what we can do to help support your research and what that support looks like.



Managing Sensitive Research Data: Key Principles

Audience: PGRs, Staff

Book via: [SkillsForge \(PGRs\)](#), [LMS \(Staff\)](#)

Available: Online

Duration: 1.5 hours

RDF Value/skill/behaviour: **Responsible**, **Information and data literacy**, **Risk management**, **Research integrity and ethics**

Session outline

If you work with sensitive research data you will need to ensure that you manage this research data securely and adhere to any relevant legislation, contractual or ethical obligations in order to protect it.

This awareness raising session outlines some of the key principles to bear in mind when working with sensitive research data. Starting with planning for the management of sensitive data, to storing, collecting, archiving, sharing and protecting the sensitive data you may encounter as part of your work.

Learning Objectives

- Develop an understanding of considerations specific to working with sensitive research data, and why planning ahead is important
- Learn about the University's processes for working with sensitive research data
- Start to consider the things you need to do when data archiving and sharing is planned.



Managing Your PhD Research Project

Audience: PGRs

Book via: [SkillsForge \(PGRs\)](#)

Available: Online, in person

Duration: 1.5-2 hours

RDF Value/skill/behaviour: Project management, Organised

Session outline

This session is suitable for Postgraduate Researchers who are new to managing large-scale research projects.

Whether you're about to embark on a new project or simply want to strengthen your project management skills, this training will provide you with the essential tools and knowledge.

In this session, you will gain a comprehensive understanding of the project life cycle, from initiation to completion. You will learn how to define clear objectives, plan and schedule effectively, manage resources, identify and mitigate risks, and monitor and evaluate progress.

During this workshop you will be expected to take part in interactive activities to help you develop the essential skills needed to manage your research projects successfully.

Learning Objectives

- Explore how a project management approach can be effective in helping you take charge of your PhD
- Become familiar with basic project management techniques and investigated how they can be applied to your own PhD research
- Begin to develop a project plan for your PhD
- Discuss how to manage and communicate with various stakeholders



Open Research Practices and Principles: the Basics

Audience: PGRs, Staff

Book via: [SkillsForge \(PGRs\)](#), [LMS \(Staff\)](#)

Available: Online

Duration: 1 hour

RDF Value/skill/behaviour: **Open research**, **Responsible**

Session outline

Open research encompasses a broad range of practices which seek to ensure that all aspects of the research cycle are shared and accessible wherever possible. Such practices have received increased recognition and support from research institutions, funders and governments across the world. The University of York is committed to the values, principles and culture of open research (see Open Research at York). It encourages and supports staff and students to explore and engage with open research practices in their work and study, to maximise the possibility of public and academic impact.

This introductory session provides an overview of how open research can be embedded across different disciplines to the benefit of researchers and the wider public. Example projects from York researchers will be shared, including practices such as research pre-registration, preprints, open data and code and open access publication. We will also signpost where further support and guidance can be found at York and elsewhere.

Towards the end of the session time will be given over to questions and answers.

Rekindling your Research: Finding Focus and Direction as an Established Researcher



Audience: Staff

Book via: [Google Form](#)

Available: In Person (with potential online 1:1 meetings)

Duration: 3x 3 hours, 2x 1:1 meetings

RDF Value/skill/behaviour: **Organised**, **Motivated**, **Critical thinking and analysis**

Session outline

Curiosity, problem solving and discovery draw many people into academic careers, but mid-career responsibilities can make it difficult to continue to find time for research. The result? A loss of motivation and confidence around research.

If this is you, this cohort-based course offers practical help. The course will enable you to reestablish research vision and focus, and work towards a tangible research output while navigating the demands of wider academic life.

The course is run by Professor Dan Allwood of **Peak Writing**. Dan was a research-active academic for 17 years and has been training UK academics and researchers since 2022.

The programme includes:

3 × 3-hour in-person group sessions

2 × 1:1 meetings with Dan

The course will help you to develop a clear picture of the purpose and direction of your research. You will also identify, plan, and start work on a research output, e.g., a funding proposal, research paper, book chapter, article, or impact activity.

You must be available to attend all of the group sessions in person. Please see further details on the Google Form.



Policy Masterclass

Audience: PGRs, Staff

Book via: SkillsForge (PGRs), LMS (Staff)

Available: In person

Duration: 3 hours

RDF Value/skill/behaviour: Knowledge exchange and public engagement, Research outputs, Communication, Collaborative

Session outline

This session is organised by York Policy Engine (TYPE) and led by the **UK Open Innovation Team**.

This event, guided by experienced senior government policy advisors, offers insights into how government actually works, offering realistic advice on the most effective ways of contributing to policy. Open to all staff and Postgraduate Researchers seeking a foundational understanding of how policy works and how you can influence it.

Responsible Research & Ethics



Audience: PGRs, Staff

Book via: SkillsForge (PGRs) , LMS (Staff)

Available: Online, in person

Duration: 2 hours

RDF Value/skill/behaviour: **Research integrity and ethics, Responsible**

Session outline

All those engaged with research are expected to maintain the highest standards of research integrity, from initial conception and conduct of the research through to dissemination and application.

During this highly interactive session you will be encouraged to consider and discuss real case scenarios and case studies based on a variety of ethical dilemmas and challenges faced by researchers in different fields. These discussions will help you develop a deeper understanding of the principles of research integrity and the importance of ethical decision-making in your work.

We will talk about the Trusted Research initiative and how it aims to help researchers manage the risks presented by international research activities and to ensure that the research is undertaken in compliance with UK law.

In addition, this session will provide guidance on managing research data and advice on undertaking Data Protection compliant research.

Learning Objectives

- Apply the University guidelines and procedures relating to ethics and integrity including the process for ethical approval at York to your research
- Engage with debates and discussion about research integrity scenarios
- Identify common ethical issues that might arise in relation to research
- Recognise your obligations under the Data Protection Act and where to get additional support and guidance

Storytelling for Policy Training



Audience: PGRs, Staff

Book via: SkillsForge (PGRs), LMS (Staff)

Available: In person

Duration: 3 hours

RDF Value/skill/behaviour: Knowledge exchange and public engagement, Research outputs, Communication, Collaborative

Session outline

This session is organised by York Policy Engine (TYPE) and led by the **UK Open Innovation Team**.

Master the art of storytelling with experienced editors. Learn to craft compelling narratives that make your research stand out and resonate with policymakers. You'll leave with confidence in simplifying complex ideas and adapting your message to different audiences.



Trusted Research and Due Diligence

Audience: PGRs, Staff

Book via: SkillsForge (PGRs), LMS (Staff)

Available: Online, in person

Duration: 1 hour

RDF Value/skill/behaviour: **Research integrity and ethics**, **Responsible**, **Collaborative**

Session outline

While it is important for researchers to collaborate on the international stage and make their research open, it's crucial to do so in a way that is mindful of risks to their values, intellectual property, and national security.

This session will explore best practice in regard to the UK government's Trusted Research initiative, including your responsibilities under UK law, and how to identify and manage risk.

We will also consider Trusted Research through a number of case studies, with time at the end of the session for questions.



What Goes Into a Grant?

Audience: PGRs

Book via: [SkillsForge \(PGRs\)](#)

Available: Online, in person

Duration: 1.5-2 hours

RDF Value/skill/behaviour: **Funding and finance**, **Motivated**

Session outline

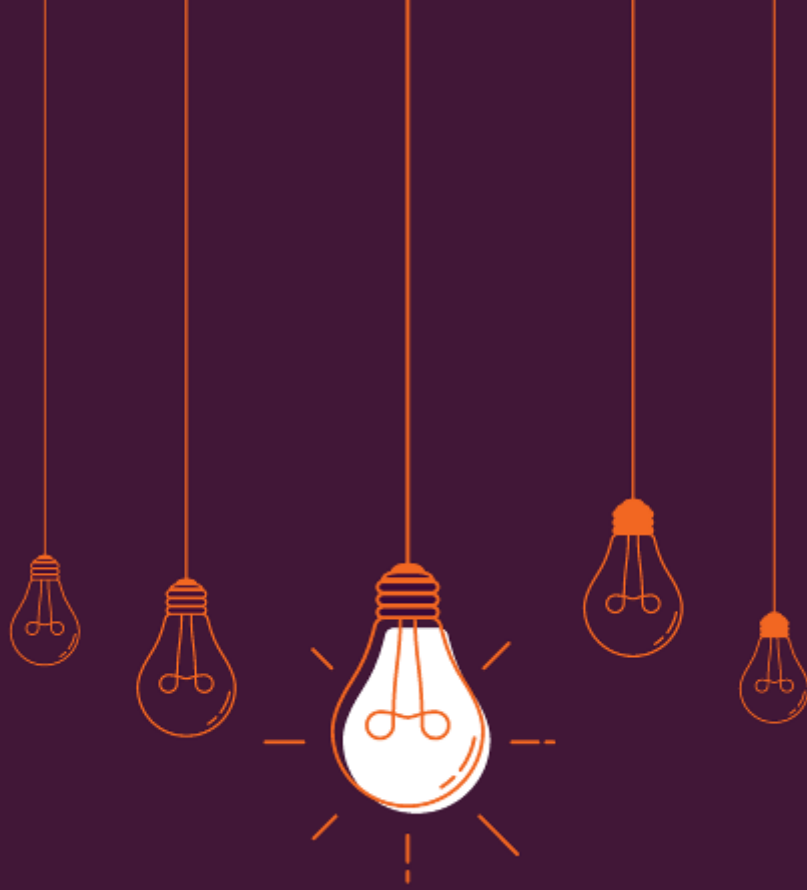
This workshop is suitable for Postgraduate Researchers (PGRs) with little or no experience of developing funding applications.

In this session, you will gain a fundamental understanding of the grant application process. We will explore the structure and components of a typical grant application, providing you with a clear picture of what is expected. You will learn about the average time required to develop a funding proposal, from initial concept to submission, and the key stages involved

Learning Objectives

- Recognise the wide range of potential sources of research funding
- Consider what project you might wish to focus on, why you should do it and why now

Understand the key elements of proposal writing and signpost to sources of support



Employability & Career Development



Beyond Academia: How to Find a Career That Suits You

Audience: PGRs, Staff

Book via: [SkillsForge \(PGRs\)](#), [LMS \(Staff\)](#)

Available: Online

Duration: 1 hour

RDF Value/skill/behaviour: **Development-focused, Reflexive**

Session outline

Whether you're preparing for your first professional career step, or considering a change of direction, finding a career that aligns with your strengths, motivations and values is important. Beyond academia it isn't always clear what your career options are, so this short session will focus on a range of strategies to help you identify potential career paths. Career planning takes time and you won't go away with all the answers today, but hopefully with some practical actions to undertake that will help you work out your next steps.

This will be an introductory session, so bring your lunch and listen in. There'll be opportunities to ask questions and contribute, but no breakout rooms.

Learning Objectives

- Know how to reflect on your personal values, strengths, motivators and interests and understand how this can inform career choice
- Gain an insight into career pathways for PhD graduates and know how to research those that interest you
- Know how to generate career ideas for yourself if you are finding it difficult to identify careers that would suit you
- Understand the importance of developing a flexible career mindset, recognising that career paths evolve and change over time
- Be able to develop an action plan for ongoing career exploration

[The Careers Team also has a series of videos available for Postgraduate Researchers](#)



Beyond Academia: Recognising the Value of Your PhD Skills

Audience: PGRs, Staff

Book via: [SkillsForge \(PGRs\)](#), [LMS \(Staff\)](#)

Available: Online

Duration: 1 hour

RDF Value/skill/behaviour: **Development-focused, Reflexive**

Session outline

This short online session is suitable for postgraduate and postdoctoral researchers who are planning to apply for jobs outside academia and want to understand how their PhD skills and experiences can be effectively communicated to employers across different sectors. We'll be focusing on key points rather than an in-depth exploration of the topic, so bring your lunch and listen in. There'll be opportunities to ask questions and contribute, but no breakout rooms.

Learning Objectives

- Understand the core skills developed during your PhD and related activities and why non-academic employers value them
- Know how to interpret job descriptions and person specifications and translate your academic skills and experience into language that resonates with employers
- Be able to develop a positive career narrative for use in applications, interviews and networking

[The Careers Team also has a series of videos available for Postgraduate Researchers](#)

Building your Profile on LinkedIn



Audience: PGRs, Staff

Book via: [SkillsForge \(PGRs\)](#), [LMS \(Staff\)](#)

Available: In person

Duration: 1.5 hours

RDF Value/skill/behaviour: **Communication, Knowledge exchange and public engagement, Development-focused**

Session outline

This introductory session looks at why LinkedIn is such an important tool and platform for Researchers, with a particular focus on Postgraduate and Early Career Researchers. You'll learn how LinkedIn can help you to develop and promote your personal brand - important for networking, collaboration, career research, and job applications.

Facilitated by staff from the Research Culture & Researcher Development, and Careers and Placements teams, there are 3 key aims of the session: how to make best use of the different LinkedIn profile sections; How to manage the overall impression that your LinkedIn profile gives (your personal brand); and how to use LinkedIn to build your profile in a way that will support your career management.

Before you attend this session, we recommend that you set up a basic LinkedIn profile. Please bring a phone/laptop with you which you can use to search LinkedIn.

Learning Objectives

- Understand how to set up an account on LinkedIn, what details to include, and how to write posts/create content and interact with other people on the platform
 - Appreciate the pros and cons of using LinkedIn, and how it can benefit your career and professional development now and in the future.
 - Understand how to develop your profile in a way that promotes your personal brand
- Know how to use LinkedIn as a research tool to explore career options and pathways, and how it can be used to find and apply for job opportunities.

[The Careers Team also has a series of videos available for Postgraduate Researchers](#)

Creating your Career Narrative



Audience: PGRs, Staff

Book via: [SkillsForge \(PGRs\)](#), [LMS \(Staff\)](#)

Available: In person

Duration: 1.5 hours

RDF Value/skill/behaviour: **Development-focused, Reflexive**

Session outline

Your career narrative is the story you present to others to explain your career journey. It connects your past experiences to your current situation and future career goals in order to create a logical and strategic explanation that can be used in job applications, interviews, LinkedIn, and networking activities.

This in-person workshop will enable you to start the process of creating your career narrative through reflection on your past experiences, identification of key events and learning experiences, and consideration of career motivators and goals. It will include private reflection and small group/paired discussion, and the sharing of experiences and peer feedback. It will be most relevant to PGRs and ECRs who already have substantial work experience, but who may be applying for work in a different sector, or returning to professional work after their PhD.

Learning Objectives

- Understand what a career narrative is and why it matters
- Identify key professional events, activities, and learning experiences from your past and present experiences
- Identify your career goals, motivators and values
- Begin to develop your career narrative and receive peer feedback on it
- Know how to use and adapt your career narrative to support your career goals

[The Careers Team also has a series of videos available for Postgraduate Researchers](#)

CV and Application Essentials for Postgraduate Researchers



Audience: PGRs

Book via: [SkillsForge \(PGRs\)](#)

Available: Online

Duration: 1 hour

RDF Value/skill/behaviour: **Development-focused, Reflexive**

Session outline

This short online session is designed to help postgraduate researchers navigate the job application process, whether you are looking for jobs in academia or other sectors. We'll cover everything from understanding the differences between academic and non-academic CVs, to effectively marketing your skills, to mastering various types of application forms. We'll be focusing on key points rather than an in-depth exploration of the topic, so bring your lunch and listen in. There'll be opportunities to ask questions and contribute, but no breakout rooms.

Learning Objectives

- Understand the key differences between academic and non-academic CVs and applications, including variations in structure, content and focus
- Know how to present your research, work experience and transferable skills in a way that stands out to employers
- Understand how to interpret job descriptions and selection criteria to make sure that your applications match employer expectations
- Know how to avoid common mistakes that can result in rejection and how to address any gaps or weaknesses in your CV
- Know how to find information and support with interview preparation

[The Careers Team also has a series of videos available for Postgraduate Researchers](#)

Interview Essentials for Postgraduate Researchers



Audience: PGRs

Book via: [SkillsForge \(PGRs\)](#)

Available: Online

Duration: 1 hour

RDF Value/skill/behaviour: **Development-focused, Reflexive**

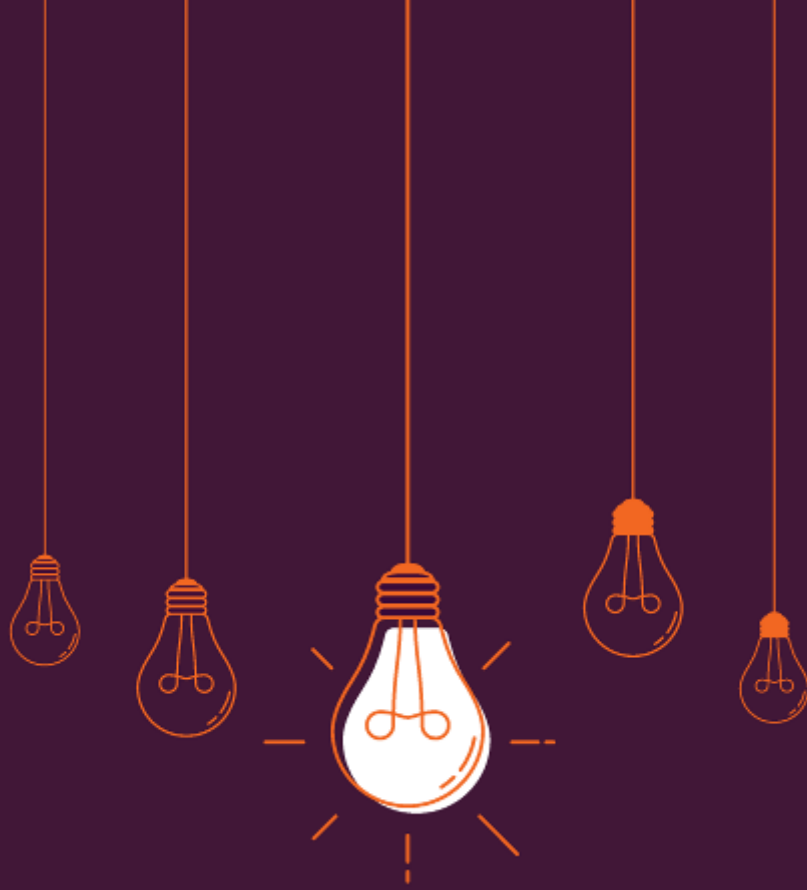
Session outline

The short online session is designed to help postgraduate researchers prepare for job interviews, whether for academic positions or roles in other sectors. Interviews can be challenging, but with the right preparation, you can present yourself confidently and make a strong impression. In this session, we'll explore the key differences between academic and non-academic interviews, how to effectively communicate your skills and experiences, and what employers look for when deciding who to appoint. You'll also learn tips for handling interviews and delivering a successful presentation if required. We'll be focusing on key points rather than an in-depth exploration of the topic, so bring your lunch and listen in. There'll be opportunities to ask questions and contribute, but no breakout rooms.

Learning Objectives

- Understand the key differences between academic and non-academic interviews
- Know how to research and prepare for interviews so that you can answer common and challenging interview questions with confidence
- Understand how to talk about your research, work experience and transferable skills in a way that is appropriate to the role and organisation you have applied for
- Gain practical tips for handling the interview and associated activities
- Know how to find information and support with interview preparation

[The Careers Team also has a series of videos available for Postgraduate Researchers](#)



Managing Your Data



Archiving your Research Data

Audience: PGRs, Staff

Book via: SkillsForge (PGRs), LMS (Staff)

Available: Online

Duration: 1.5 hours

RDF Value/skill/behaviour: Information and data literacy,
Responsible, Digital and technological capabilities

Session outline

This online session, delivered by the Open Research team, will be of interest to postgraduate researchers (PGRs) and all staff involved in research.

Archiving research data is a necessary precursor to data sharing. Archiving ensures that data are findable, accessible and reusable (FAIR) well into the future, and shows your funder that you are complying with their data policy.

This introductory session will cover this important aspect of research data management (RDM), encouraging researchers to consider and plan for the archiving of their research data for long-term access and reuse.

Learning Objectives

- Understand the principles of archiving research data, to enable decisions on what to archive, data access and where to deposit data for reuse.
- Appreciate the benefits and the requirements that exist for archiving and sharing (of value) research data.
- Know where to find support and guidance.



Beginners Guide to Quantitative Data Analysis

Audience: PGRs, Staff

Book via: SkillsForge (PGRs), LMS (Staff)

Available: Online

Duration: 1.5 hours

RDF Value/skill/behaviour: Information and data literacy,
Digital and technological capabilities, Critical thinking and analysis

Session outline

This beginner-friendly workshop is designed for researchers who are collecting or working with quantitative data. We'll guide you through the essential steps of planning your data analysis - from clarifying research questions and identifying variable types, to selecting the most appropriate statistical tests. Whether you're just starting your project or preparing to analyse your dataset, this session will help you build confidence, avoid common mistakes, and make informed decisions about your analysis. No prior statistics knowledge is required.

Learning Objectives

- Know how to create a data analysis plan for your research by identifying your variables, the type of data, and which statistical test to use
- Understand how to use a which statistical test tool
- Be confident in making decisions based upon the data you plan on collecting.



Choosing the Right Statistical Software for you

Audience: PGRs, Staff

Book via: [SkillsForge \(PGRs\)](#), [LMS \(Staff\)](#)

Available: Online

Duration: 1.5 hours

RDF Value/skill/behaviour: Information and data literacy,
Digital and technological capabilities, Critical thinking and analysis

Session outline

This session is designed for researchers who are unsure which statistical software best suits their research needs. We'll provide a clear, practical comparison of SPSS, R, and Stata, covering core features, accessibility, and pros and cons of each. Whether you're just getting started or considering switching tools, this workshop will help you make an informed choice based on your skills, project type, and long-term goals. We'll also share helpful resources for getting started with each platform.

Learning Objectives

- Understand the similarities and differences between the main pieces of software used to analyse data
- Know which software is best for your statistical background, area of interest and type of data
- Know where to get support when using these pieces of software



Data Management Plans: Getting Started

Audience: PGRs, Staff

Book via: [SkillsForge \(PGRs\)](#), [LMS \(Staff\)](#)

Available: Online

Duration: 2 hours

RDF Value/skill/behaviour: **Information and data literacy,**
Responsible, Digital and technological capabilities

Session outline

Data management plans (DMPs) are becoming an increasingly important aspect of research. Many funding bodies require a DMP to evidence adequate and appropriate provisions for data management and curation in new grant applications. And for postgraduate researchers, the University requires you to work with your supervisor(s) to put in place a DMP by first formal review of progress.

This introductory session provides an overview of the basics of data management planning, the component parts of a plan and best practice guidance, signposting you to data management practical guidance. DMPonline, the tool that we recommend you use to write and update your plan, will be demonstrated in the session.

Towards the end of the session time will be given over to questions and answers.

Learning Objectives

By the end of this session, you will:

- be equipped with the knowledge to get started with data management plans
- be familiar with DMPonline, the tool that we recommend you use to write and update your plan
- know where to find research data management guidance on best practice



Getting Started with RStudio

Audience: PGRs, Staff

Book via: SkillsForge (PGRs), LMS (Staff)

Available: Online

Duration: 2 hours

RDF Value/skill/behaviour: Information and data literacy,
Digital and technological capabilities, Critical thinking and analysis

Session outline

This workshop will introduce you to the RStudio interface, and writing R code to import, manage and plot data. Suitable for people who have not done any computer coding before, but would like to use RStudio in the future to carry out statistical analyses.

Learning Objectives

- Navigate RStudio interface
- Be able to import data into RStudio
- Be able to organise and clean data using some common commands
- Be able to calculate basic descriptive statistics
- Be able to make and edit graphs.



Getting Started with SPSS

Audience: PGRs, Staff

Book via: SkillsForge (PGRs), LMS (Staff)

Available: Online

Duration: 2 hours

RDF Value/skill/behaviour: Information and data literacy,
Digital and technological capabilities, Critical thinking and analysis

Session outline

This session is for people who have never used SPSS before or who want a refresher. You will learn how to get data in, quick ways of cleaning your data, running basic statistics and how to create graphs in SPSS.

Learning Objectives

- Navigate SPSS interface; Be able to import data into SPSS
- Be able to organise and clean data using some common SPSS functions
- Be able to calculate basic descriptive statistics
- Be able to make and edit graphs



Getting Started with STATA

Audience: PGRs, Staff

Book via: SkillsForge (PGRs), LMS (Staff)

Available: Online

Duration: 2 hours

RDF Value/skill/behaviour: Information and data literacy,
Digital and technological capabilities, Critical thinking and analysis

Session outline

This workshop will cover how to import, manage and plot data using the STATA software and its coding language. In this introduction you will practice getting data into STATA, as well as cleaning, summarising and plotting the data. No prior knowledge of coding is needed to attend this session.

Learning Objectives

- Navigate STATA interface
- Be able to import data into STATA
- Be able to organise and clean data using some common STATA commands
- Be able to calculate basic descriptive statistics
- Be able to make and edit graphs.



Introduction to NVivo

Audience: PGRs, Staff

Book via: [SkillsForge \(PGRs\)](#), [LMS \(Staff\)](#)

Available: Online

Duration: 2 hours

RDF Value/skill/behaviour: **Information and data literacy, Digital and technological capabilities, Critical thinking and analysis**

Session outline

NVivo is a qualitative data analysis (QDA) software package. It has been designed for qualitative researchers working with very rich text-based and/or multimedia information, where deep levels of analysis on small or large volumes of data are required. In this introductory session we will cover the basics of importing files into NVivo, data coding and classification principles, and basic data analysis and visualisation.

There's more help on NVivo on our [Qualitative data analysis guide](#)

Learning Objectives

- Understand the principles of file metadata and organisation in NVivo
- Know how to code text content in NVivo for effective analysis
- Have an awareness of the basic options for data analysis and visualisation in NVivo



Research Data Management: the Basics

Audience: PGRs, Staff

Book via: SkillsForge (PGRs), LMS (Staff)

Available: Online

Duration: 1 hour

RDF Value/skill/behaviour: Information and data literacy,
Responsible, Digital and technological capabilities

Session outline

All researchers have a responsibility to properly manage the research data they use or create during the course of their research. The management of research data is sufficiently important that many research funders, and the University, have requirements for how it is managed.

This introductory session is for anyone who needs to know the basics of research data management (RDM) and some of the actions that should be considered when it comes to managing research data well.

Learning Objectives

- Understand the basic principles of RDM and the key role that data management plays in responsible research.
- Appreciate the requirements that exist and why planning ahead is important.
- Start to consider the actions you need to take, or to find out about, to manage your research data well.
- Know where to find support and guidance.



Using Generative AI with Research Data: Case Studies

Audience: PGRs, Staff

Book via: [SkillsForge \(PGRs\)](#), [LMS \(Staff\)](#)

Available: Online

Duration: 1 hour

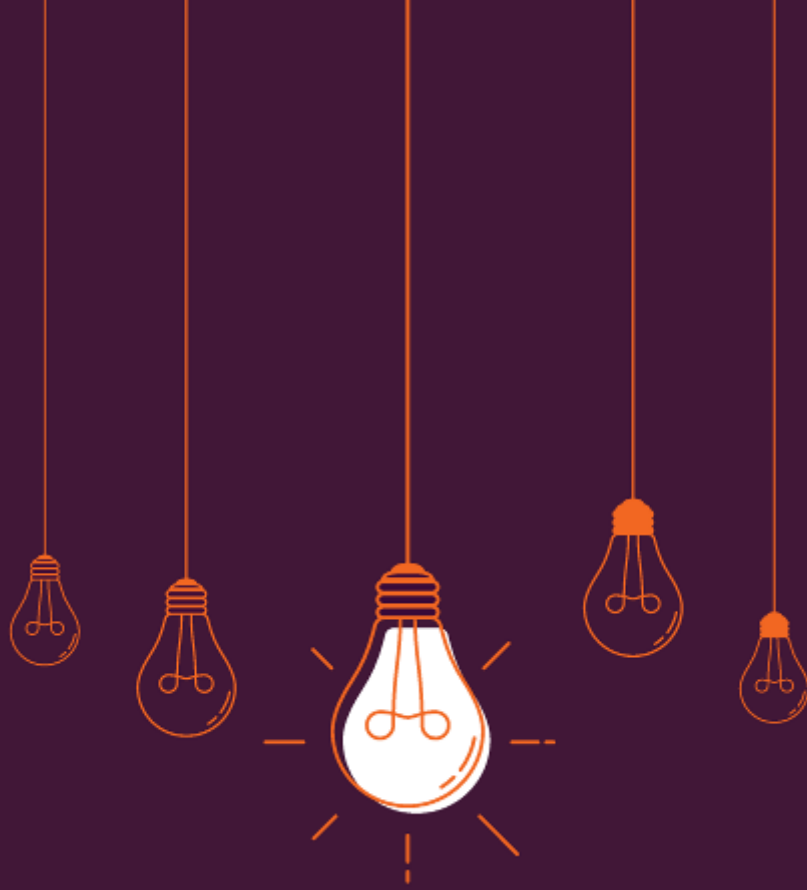
RDF Value/skill/behaviour: **Information and data literacy**, **Curious**, **Adaptable**, **Digital and technological capabilities**

Session outline

Have you ever wondered if generative AI could help you to work with your research data? Join Tom Smith from the IT Services Workflow Improvement Team as he shares case studies from work he has done with researchers using generative AI with their research data, and explores the benefits and limitations of using this technology. Note: This session will not cover any of the data ethics around using generative AI with research data as it is focused on sharing existing practice.

Learning Objectives

- Explore examples of how researchers have tried to use generative AI to work with research data.



Preparing for Your Thesis & Viva



Completing Your Thesis

Audience: PGRs

Book via: [SkillsForge \(PGRs\)](#)

Available: Online (incl. evening session for distance/flexible learners)

Duration: 1.5 hours

RDF Value/skill/behaviour: Research outputs, Project management, Curious, Organised

Session outline

This session is suitable for Postgraduate Researchers who are in the final year of their PhD.

This session is dedicated to the final stages of your PhD journey, guiding you through the essential requirements of your thesis, including formats and contents.

It covers strategic planning for completion, necessary paperwork such as the 'Notification of Intention to Submit,' and the process of selecting examiners. You will gain valuable insights to ensure you complete your thesis on time and meet all necessary requirements.

Learning Objectives

By the end of the session, participants will be able to:

- prioritise essential activity with the aim of completion
- know the required UoY formats of the thesis
- understand how to be involved in the process of selecting examiners
- know the processes and procedures for the successful completion of a PhD at the University of York



Microsoft Word for Dissertations and Theses

Audience: PGRs

Book via: [SkillsForge \(PGRs\)](#)

Available: Online

Duration: 2 hours

RDF Value/skill/behaviour: Information and data literacy,
Digital and technological capabilities

Session outline

When producing an long piece of academic writing such as a dissertation or thesis, you will save time and effort if you take advantage of the most appropriate features in Microsoft Word. In this session we'll explore approaches to using Word that are particularly important when you need to produce material as efficiently as possible to match academic guidelines.

We'll explore the power of using styles to make it easier to add outline headings, tables of contents and to make your document accessible. We'll also look at making the most of the tools available, such as adding automatic page numbers, tables of contents, and captions.

Learning Objectives

- Understand how the features of Microsoft Word can make it easier to format and structure a complex document like a dissertation or thesis
- Be aware of why you should use styles in documents for accessibility and ease of formatting
- Be able to use features of Microsoft Word such as styles, page setup, tables of contents, captions, and heading numbering when creating a document

Preparing for your First TAP meeting



Audience: PGRs

Book via: [SkillsForge \(PGRs\)](#)

Available: Online, in person

Duration: 1.5-2 hours

RDF Value/skill/behaviour: Project management,
Organised

Session outline

When This session is suitable for Postgraduate Researchers who are preparing for their first Thesis Advisory Panel (TAP) meeting.

Whether you're about to have your first meeting or you simply want to feel more prepared and confident, this training will provide you with the essential tools and knowledge you need.

In this session, you will gain a comprehensive understanding of the purpose of the thesis advisory panel and how to make the most of your time with them. You will learn how to define clear goals for the meeting and confidently present your progress and plans.

During this workshop, you will be expected to take part in interactive activities to help you develop the essential skills needed to manage your relationship with your panel successfully.

Learning Objectives

- Define the purpose and expectations of a first thesis advisory panel meeting
- Effectively communicate your research progress and challenges to your panel
- Anticipate and prepare for potential questions from your panel members
- Create a clear action plan for after the meeting to ensure you stay on track with your research



Preparing for Your Viva

Audience: PGRs

Book via: [SkillsForge \(PGRs\)](#)

Available: Online (incl. evening online session for distance/flexible learners), in person

Duration: 1.5-2 hours

RDF Value/skill/behaviour: **Research outputs, Project management, Curious, Organised**

Session outline

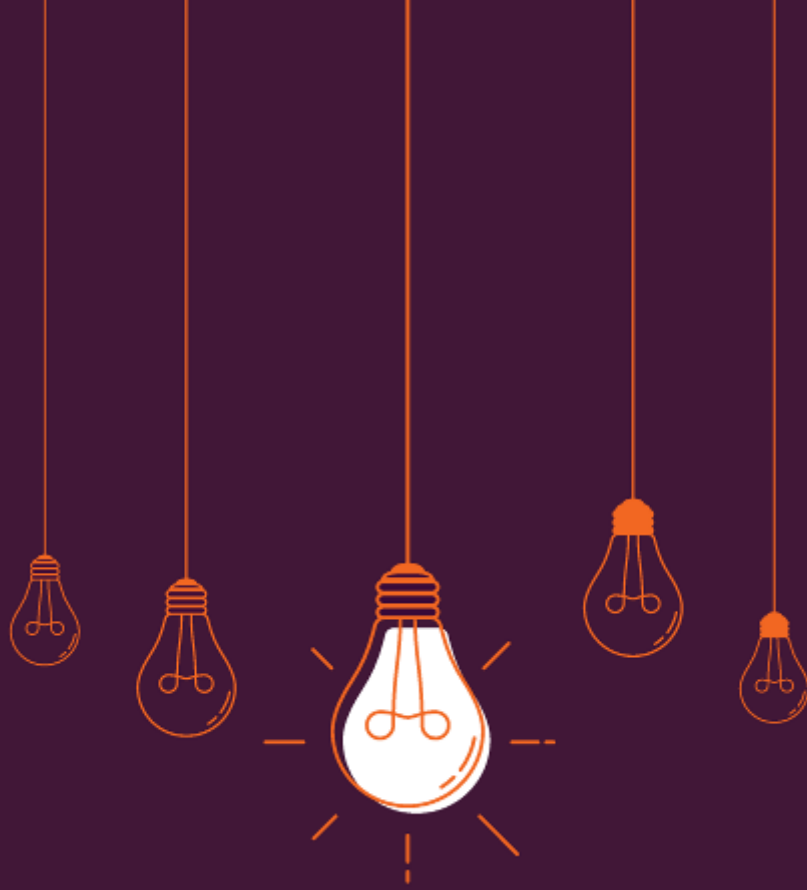
This workshop is for final year PhD Researchers and open to supervisors and research administrators who wish to better understand the process.

This session is designed to help you navigate the viva process with confidence. We will cover the pre-viva period, detailing the requirements for both you and the University, and provide guidance on how to effectively prepare. You will learn about the progression of your viva, including strategies for answering questions effectively and handling challenging queries. The session will culminate in a mini mock viva, offering you a valuable opportunity to practise and refine your skills.

Learning Objectives

By the end of these sessions, participants will be able to:

- know the processes and procedures for the viva examination at the University of York
- consider how to prepare in the lead up to the viva
- anticipate the issues and questions likely to be raised by the viva
- understand how to be effective in answering viva questions
- have participated in mock vivas in the roles of both candidate and examiner



Presenting & Communicating Your Research



Academic Posters - Designing Posters in PowerPoint

Audience: PGRs, Staff

Book via: [SkillsForge \(PGRs\)](#), [LMS \(Staff\)](#)

Available: Online

Duration: 2 hours

RDF Value/skill/behaviour: **Communication, Digital and technological capabilities, Knowledge exchange and public engagement**

Session outline

Informative posters are a popular way to share research findings and other information at conferences and exhibitions. There are many desktop publishing applications you could use to design posters but in this session we'll demonstrate Microsoft PowerPoint: although intended for presentations, it shares many features with other publishing applications and generally has the advantage of familiarity, making it a popular and effective choice for poster design. In this session we'll look at the design principles behind what makes a successful poster, and how to configure PowerPoint for the creation of both large-format printed posters and virtual poster presentations. We'll look at how to plan your layout, and how to make best use of images and text in your design.

The workshop is accompanied by our [Posters with a Powerful Point guide](#)

Learning Objectives

- Understand the conventions of academic poster design
- Be able to configure and use PowerPoint for poster design
- Have an awareness of the aesthetic considerations when designing a poster
- Know how to output a poster for printing



Advanced Oral Presentations: Secrets of Great Presenters

Audience: PGRs

Book via: [SkillsForge \(PGRs\)](#)

Available: Online

Duration: 2 hours

RDF Value/skill/behaviour: Communication, Knowledge exchange and public engagement, Teaching and learning

Session outline

In this short, focused webinar, (where the context is presenting research) we'll discuss:

- Best practice in presenting
- The devices and approaches that help a speaker connect with an audience
- How to develop a presenting style that works for you
- Getting a complex message across to an audience effectively

And we'll also briefly touch on the technological side of things (i.e. PowerPoint and Online Tools)

Communicating Research on Social Media: What, How, and Where



Audience: PGRs, Staff

Book via: SkillsForge (PGRs), LMS (Staff)

Available: In Person

Duration: 2 hours

RDF Value/skill/behaviour: Knowledge exchange and public engagement, Communication, Research outputs

Session outline

This session is suitable for researchers wanting to promote their own research, staff who create or share research content on social media as part of their role, or anyone responsible for creating a research social media strategy for their team or department.

Social media can be a useful tool for reaching people, but it's also an unpredictable landscape which can take up a lot of your time. In this session, we'll be working through how best to approach social media content creation, enabling you to make the best choices to suit your needs, goals, and workload.

Objectives

- Understand the current social media options available
- Be able to identify what options work best for them
- Build a framework for making future decisions in the changing social media environment

Communicating your Research Using Generative AI



Audience: PGRs, Staff

Book via: SkillsForge (PGRs), LMS (Staff)

Available: Online

Duration: 1 hour

RDF Value/skill/behaviour: Communication, Curious, Adaptable, Digital and technological capabilities

Session outline

Communicating your research to different audiences is undoubtedly an important skill for researchers to have. But it may feel daunting to know what level to pitch your work at, how to connect with audiences, and ultimately how to write copy for different audiences and situations.

This session will give a brief overview of how you should approach communicating your research to different audiences, thinking about tailoring the language, tone and terminology you can use, as well as making that all important connection with your intended audience. We will then discuss using Artificial Intelligence (AI) to write different kinds of summaries of your research, and the pros and cons of doing so. There will also be a demonstration of writing prompts for Gemini AI to generate content.

Learning Objectives

- Consider how to vary the language, tone and terminology based on your intended audience.
- Learn how to use AI to draft copy that you can use to communicate your research.
- Understand the pros and cons of using AI to generate research communications.



Designing Presentations in PowerPoint and Google Slides

Audience: PGRs, Staff

Book via: [SkillsForge \(PGRs\)](#), [LMS \(Staff\)](#)

Available: Online

Duration: 2 hours

RDF Value/skill/behaviour: **Communication, Knowledge exchange and public engagement, Teaching and learning**

Session outline

How can you create presentation slides that are memorable and impactful while also being accessible? PowerPoint and Google Slides include many under-exploited features that can help you create more effective presentations (as well as other resources). This session explores the principles of designing presentations, including templates, animation, accessibility principles, and working with media. We'll also look at presentation features in these tools that can help you as you convey your material to an audience.

For more help on designing presentation slides, take a look at our [Presentations guide](#)

Learning Objectives

- Understand and be able to apply principles of effective presentation slide design in PowerPoint and Google Slides
- Be aware of accessibility considerations when designing and delivering a presentation
- Understand the anatomy of a slide and the different approaches to manipulating its appearance
- Be able to consider how to prioritise content and how best to use slides to support that content

Digital Labs: Creativity Lab and YorCreate



The two digital labs in the Library, the Creativity Lab and YorCreate, offer a range of services for researchers to use technologies such as podcasting, 3D modelling and scanning, video creation, 3D printing, image and audio editing, game creation, and immersive technology.

Workshops

Essential Video Editing: [PGRs](#), [Staff](#)

3D capture with Photogrammetry: [PGRs](#), [Staff](#)

Essential Podcasting: [PGRs](#), [Staff](#)

Create a 3D-printable part: [PGRs](#), [Staff](#)

Editing and publishing your podcast: [PGRs](#), [Staff](#)

3D modelling in Blender (2-part course): [PGRs](#), [Staff](#)

3D printing

In the makerspace YorCreate there are 3D printers available for use by any staff member or student at the University once they've completed an induction. [Book an induction to get started with 3D printing.](#)

Spaces and equipment

Both the Creativity Lab and YorCreate are available for use by members of the University to access equipment and facilities. YorCreate is available to anyone who has completed an induction whenever the Library is open. The Creativity Lab has regular open access time each week to use the media workstations equipped with editing software like Adobe Creative Cloud and game engines like Unity and Unreal. Availability on some days varies each week, due to other events. For up to date opening times each week, follow the digital labs on Instagram via [@yorcreativitylabs](#).

Podcasting studio and Video recording suite

The Creativity Lab's podcasting studio offers a bookable space to record podcasts. To use the podcasting studio, you first must undertake an equipment/technical induction. [Find out more and book a podcasting induction.](#)

There is also a Video Recording Suite with a high quality camera, teleprompter and drawing tablet to record professional quality solo talking-head videos. No induction required; [book the video studio.](#)

(Continued on next page)



Digital Labs: Creativity Lab and YorCreate

The two digital labs in the Library, the Creativity Lab and YorCreate, offer a range of services for researchers to use technologies such as podcasting, 3D modelling and scanning, video creation, 3D printing, image and audio editing, game creation, and immersive technology.

Equipment loans

University of York staff and students can take advantage of the Creativity Lab's free equipment hire service. Equipment such as VR headsets, camera and audio equipment is available to use, with support from Creativity Lab staff. [See the Creativity Lab webpage for details of equipment and how to book.](#)

1:1 appointments and drop-ins

The Creativity Lab offers bookable appointments for support with digital creativity projects and also hosts drop-in support for specific technologies. [See the Creativity Lab webpage for details of current availability.](#)



Engaging the Public with your Research

Audience: PGRs, Staff

Book via: SkillsForge (PGRs), LMS (Staff)

Available: In person

Duration: 3 hours

RDF Value/skill/behaviour: Knowledge exchange and public engagement, Communication, Research outputs, Teaching and learning

Session outline

Knowing how to share your research with the public is a crucial part of the work that researchers do. There are many barriers between the Research sector and general public, and we can all play our part in being accountable, socially responsible, trustworthy, and keeping our work relevant to the general public.

This workshop will explore the foundations of how to engage with the public, with an opportunity to practice your skills. We will discuss the ways in which you can increase engagement, with a case study of a successful PE project at York. We will also be joined by colleagues from the Creativity Lab to outline how you can create artifacts and posters to support Public Engagement.



Presenting Data Clearly and Effectively

Audience: PGRs, Staff

Book via: [SkillsForge \(PGRs\)](#), [LMS \(Staff\)](#)

Available: Online

Duration: 1 hour

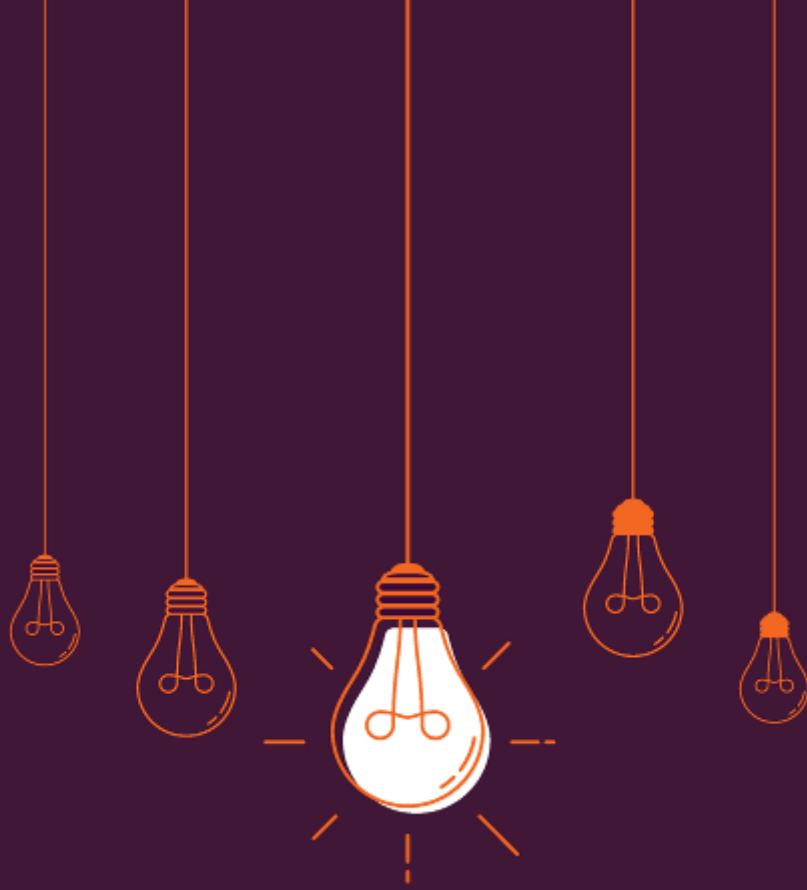
RDF Value/skill/behaviour: Information and data literacy, Digital and technological capabilities, Knowledge exchange and public engagement, Communication

Session outline

This workshop is designed for researchers who want to present data and statistics with clarity and confidence. You'll learn how to present numbers simply and effectively, summarising key results, and explaining statistics clearly to both specialist and non-specialist audiences. Whether you're preparing for a viva, conference, or publication, this session will equip you with practical tools to communicate your results clearly and keep your listeners interested.

Learning Objectives

- Understand how to present data clearly and effectively
- Be able to present statistics to non-specialist audiences, as well as audiences familiar with your area of study.



Research Impact & Knowledge Exchange



Research Impact & Knowledge Exchange Training

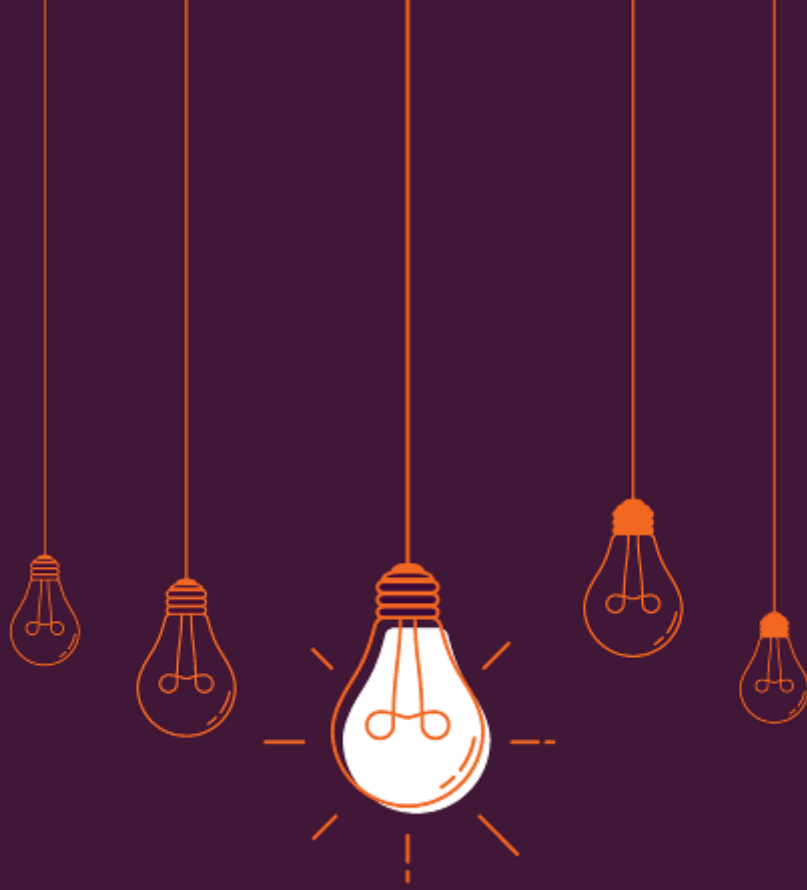
RDF Value/skill/behaviour: Knowledge exchange and public engagement, Networking, Research outputs, Funding and finance, Collaborative, Motivated, Reflexive, Communication, Research translation and commercialisation

Making a difference outside of academia is an increasingly important aspect of research. Several different areas, including the environment, health and wellbeing, culture and society, can be positively impacted by academic research. Knowledge exchange activities, which involve engaging non-academic partners with research, can lead to such impacts. Many research funders now require proposals to include plans for impact and knowledge exchange.

Our [internal Google site](#) is a dedicated resource for up-to-date information about research impact at York, containing:

- Guidance on key topics - such as an introduction to impact, planning your impact, impact in grant applications, and evaluating and evidencing impact
- Information on support available at York, including colleagues and funding
- Details of upcoming training and materials from previous sessions

This training is organised by staff in the [Research Innovation and Knowledge Exchange \(RIKE\)](#) directorate. For further information, please contact impact-and-ke-training@york.ac.uk.



Valuing Voices



Valuing Voices

Modern research requires a holistic approach. In order to address global challenges and create a more inclusive research culture, engagement, interdisciplinary collaboration and environmental sustainability have become significant factors in every field of research. The Valuing Voices programme will empower you to embrace these and other ways of working, equipping you to shape the future of equitable and responsible research.

The Valuing Voices team have developed a tool to support the design and delivery of equitable and responsible research projects that place people and society at the forefront. This training programme has been tailored to embed the tool in research practices at York through demonstrative and interactive sessions on how to use it, and deep dives into each of its five principles.

While created to help users fulfill Responsible Research and Innovation requirements on grant applications, the tool seeks to improve the quality and outcomes of all research, having been co-developed with the research community in and beyond the UK. The Valuing Voices project has also supported the development of models for team and global equity. These models inform our session materials and will be the focus of some of our specialised workshops.

Valuing Voices is a research culture project funded by the Wellcome Trust. It is partnered with **Mahidol University** in Thailand. The training provided to York colleagues is designed for researchers and research-enablers at all career stages and is part of a wider University programme that seeks to ensure that research is effective and that researchers are equipped for the future of their field.

The following workshops are organised by the Valuing Voices team. For further information, please contact valuing-voices@york.ac.uk.



Valuing Voices Training

RDF Value/skill/behaviour: Collaborative, Motivated, Reflexive, Knowledge exchange and public engagement, Research outputs, Funding and finance, Communication, Research translation and commercialisation, Research Culture, Teamworking, Leadership, Supervision and People Management, , Networking

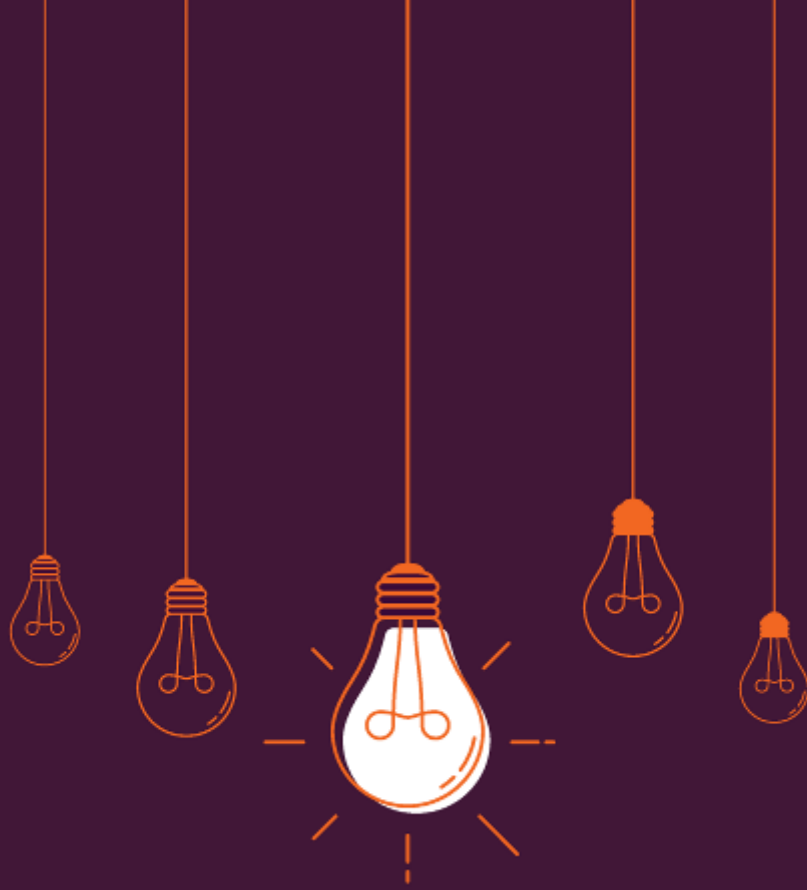
Getting to grips with equitable and responsible research: An interactive workshop on the Valuing Voices tool: [Staff](#)

Valuing Voices: Using Facilitation Skills for Better Meetings: [Staff](#)

Valuing Voices Principles for Equitable and Responsible Research

- A Deep Dive into Impact and Engagement: [PGRs](#), [Staff](#)
- A Deep Dive into Equity and Diversity in Teams: [PGRs](#), [Staff](#)
- A Deep Dive into Strategic Risk Mapping: [PGRs](#), [Staff](#)
- A Deep Dive into Environmental Sustainability: [PGRs](#), [Staff](#)
- A Deep Dive into Reflection and Learning: [PGRs](#), [Staff](#)

We also encourage all Researchers and research-enabling Staff to read the [University's Fair Attribution Guidance](#), which aims to help us establish an open, transparent and consistent approach to attribution on outputs across the institution. It is designed to help everyone in our research community to get a clearer sense of when it is appropriate to recognise the contribution of an individual to a research output. It also aims to help enact our commitment to ensuring the skills, roles and careers of everyone who contributes to research are recognised, respected, supported, and developed.



Wellbeing



Building Resilience & Balance

Audience: PGRs, Staff

Book via: SkillsForge (PGRs), LMS (Staff)

Available: Online

Duration: 2 hours

RDF Value/skill/behaviour: **Development-focused, Adaptable, Reflexive**

Session outline

The modern world can be a stressful place in which to live. Research as a career is precarious in the early stages and a PhD is almost designed to be a test of character as well as intelligence. Perhaps we need some tools to help manage stress and get some new ideas to help us to build professional resilience and rise to the challenge.

Moreover, people want to lead a rounded life, but simultaneously may feel that to be successful they need to be constantly working. It is true that many researchers are vocationally devoted to their fields of study, but in this session we'll examine we'll examine how we might achieve a healthy balance.

Learning Objectives

- Recognise and pre-emptively manage, or even prevent, the things that stress us
- Share strategies for coping with professional and social stressors and discuss practical ways to maintain wellbeing and build resilience.
- Build a toolkit to help achieve professional balance



Exploring Imposterness, Confidence and Self-Belief

Audience: PGRs, Staff

Book via: [SkillsForge \(PGRs\)](#), [LMS \(Staff\)](#)

Available: Online

Duration: 2 hours

RDF Value/skill/behaviour: **Development-focused, Adaptable, Reflexive**

Session outline

The academic community prides itself on its critical ability. But constant criticism has a cost. Moreover, research is fraught with knockbacks from journals, job applications and funding rejections.

How we build confidence and retain our self-belief is pivotal to our success. Failure to do so leads to the so-called 'imposter syndrome' that talented and high-performing professionals frequently feel.

Learning Objectives

- Examine the 'Inner Game' of being a researcher and help you to build some strategies to manage 'Imposterness'
- Explore techniques and approaches to generate authentic and accurate self-confidence and develop an accurate sense of self and self-confidence.



Getting Started With Your Research Degree

Audience: PGRs

Book via: SkillsForge (PGRs)

Available: In person

Duration: 2 hours

RDF Value/skill/behaviour: Project management, Organised

Session outline

This session is suitable for Postgraduate Researchers who are at the beginning of their Research Degree and want to find out where to start with their research and professional development.

During the workshop we will explore how to effectively plan your PhD, manage your professional network and how to overcome common challenges.

We will also talk about development opportunities you can engage with – but how can you choose the right things for you? And how do you make sure you don't miss out? Come along to this session to explore what's on offer and how to make the most of your time at York.

Learning Objectives

- Understand what a Research Degree is and what's involved in managing your study
- Understand the role of your Supervisor and how to establish a productive relationship with them
- Learn how to overcome common challenges encountered during a research degree programme
- Identify resources and support services available for you
- Explore a variety of professional development opportunities during your time at York



Stress Management for Researchers

Audience: PGRs, Staff

Book via: SkillsForge (PGRs), Staff (LMS)

Available: In Person

Duration: 2 hours

RDF Value/skill/behaviour: **Development-focused, Adaptable, Reflexive**

Session outline

The academic environment can be a breeding ground for stress, and it's essential to have the right tools to manage it. This workshop is designed specifically for researchers to help you understand and cope with the unique stressors of academia.

We'll cover the science of stress, exploring what happens to your body and brain under pressure. We'll then delve into practical, evidence-based strategies for stress management.



Wellbeing for Researchers with Introduction to Bookbinding

Audience: PGRs

Book via: SkillsForge (PGRs), Staff (LMS)

Available: In person

Duration: 7 hours

RDF Value/skill/behaviour: **Development-focused, Adaptable, Reflexive**

Session outline

Are you a researcher feeling the pressure to publish, secure grants, and keep up with your field? It's easy to get lost in the demands of academic life and forget to take time for yourself.

This unique session is designed to help you de-stress and discover the connection between creativity and mental wellbeing.

You'll learn the fundamental techniques to create your own beautiful, hand-stitched notebook from scratch, a tangible reminder of the importance of slowing down and focusing on the present.

No prior experience is necessary, just an open mind and a willingness to try something new. All materials will be provided.

York Fellowship Launchpad



The Fellowship Launchpad is for aspiring Research Fellows - including PGRs, Postdocs, Research Associates, Teaching Fellows & Lecturers. We offer a range of workshops to inform & support you through applying for an Early Career Fellowship.



Our EXPLORE sessions are concise online workshops, which will introduce you to key fellowship topics. The series as a whole aims to build a strong foundational knowledge which you can apply to your fellowship application. However each session is designed as a standalone event, meaning you can pick and choose particular areas of focus if you prefer. These sessions are ideal for those considering a fellowship as a next career step, as well as anyone looking to refresh their fellowships knowledge.

Our NAVIGATE sessions are funder-focused online workshops, which will introduce you to major funders and their fellowship schemes. Each session will cover a particular funder/scheme, and also look at internal selection processes at York. NAVIGATE workshops are also available to external applicants (who can book a place by emailing research-culture@york.ac.uk).

You can also book a **30 minute 1:1 DROP-IN appointment** to receive advice on funders or schemes, request help with an application, or ask any other questions.

Please note! - Launchpad sessions will return from Semester 2, new dates will be added in due course

Contact us with any general Fellowship enquiries at fellowships@york.ac.uk



NAVIGATE: Leverhulme Early Career Fellowships

Audience: PGRs, Staff

Book via: SkillsForge (PGRs), LMS (Staff)

Launchpad sessions will return from Semester 2, new dates will be added in due course

Available: Online

Duration: 1.5 hours

RDF Value/skill/behaviour: Funding and finance, Motivated

Session outline

This event is part of York's Fellowship Launchpad: NAVIGATE workshops, funder-focused online workshops introducing aspiring research fellows to major funders and their fellowship schemes. At this event we explore the Leverhulme Trust and their Early Career Fellowship Scheme.

Learning Objectives

- Gain insight into the Leverhulme Trust and what they value as a funder
- Explore the Leverhulme Early Career Fellowship Scheme including its aims and eligibility criteria
- Learn about the selection and evaluation processes for this fellowship scheme

EXPLORE: Research Funding (and Why it Matters to You!)



Audience: PGRs, Staff

Book via: [SkillsForge \(PGRs\)](#), [LMS \(Staff\)](#)

Launchpad sessions will return from Semester 2, new dates will be added in due course

Available: Online

Duration: 45 minutes

RDF Value/skill/behaviour: **Funding and finance**, **Motivated**

Session outline

What are the benefits of bringing in external research income? Why is it important to you and the institution? How much does research cost?

Aspiring research fellows are invited to explore the topic of research funding, consider funder rules and how that might impact your decision making.

This event is part of York's Fellowship Launchpad: EXPLORE series, a series of nine short online sessions (45 minutes) introducing aspiring research fellows to key fellowship topics. The series is sequential helping you to build a strong foundational knowledge from which to start your fellowship application. Other topics include 'Finding a Fellowship Mentor', 'Choosing the Right Scheme for your Research' and 'Developing a Fellowship Application: Step by Step'.

Learning Objectives

- Discover the benefits of generating research income for the individual and the institution
- Explore the Full Economic Costing (FEC) methodology
- Consider how choice of funder can affect research income
- Consider compliance & governance requirements of funding and how to get help with this

EXPLORE: What is an Early Career Fellowship?



Audience: PGRs, Staff

Book via: [SkillsForge \(PGRs\)](#), [LMS \(Staff\)](#)

Launchpad sessions will return from Semester 2, new dates will be added in due course

Available: Online

Duration: 45 minutes

RDF Value/skill/behaviour: **Development-focused**, **Funding and finance**, **Motivated**

Session outline

What is an Early Career Fellowship? What is the difference between a fellowship and a project grant? What are the main components of a successful fellowship application?

Aspiring research fellows are invited to explore the topic of early career fellowships and how they support awardees to develop their research and career trajectory.

This event is part of York's Fellowship Launchpad: EXPLORE series, a series of nine short online sessions (45 minutes) introducing aspiring research fellows to key fellowship topics. The series is sequential helping you to build a strong foundational knowledge from which to start your fellowship application. Other topics include 'Finding a Fellowship Mentor', 'Choosing the Right Scheme for your Research' and 'Developing a Fellowship Application: Step by Step'.

Learning Objectives

- Understand the key differences between a research fellowship and a grant
- Explore the benefits of an early career fellowship
- Discover the main components of a successful fellowship application



EXPLORE: Choosing the Right Scheme for Your Research

Audience: PGRs, Staff

Book via: [SkillsForge \(PGRs\)](#), [LMS \(Staff\)](#)

Launchpad sessions will return from Semester 2, new dates will be added in due course

Available: Online

Duration: 45 minutes

RDF Value/skill/behaviour: Development-focused, Strategic, Reflexive, Organised

Session outline

Is this funder the right fit for me and my research? Am I likely to be competitive at my career stage? Am I eligible?

Aspiring research fellows are invited to consider what to look out for when comparing and contrasting early career fellowship schemes.

This event is part of York's Fellowship Launchpad: EXPLORE series, a series of nine short online sessions (45 minutes) introducing aspiring research fellows to key fellowship topics. The series is sequential helping you to build a strong foundational knowledge from which to start your fellowship application. Other topics include 'Research Funding (and why it matters to you!)', 'Finding a Fellowship Mentor', and 'Developing a Fellowship Application: Step by Step'.

Learning Objectives

- Consider how to identify suitable fellowship schemes
- Reflect on the importance of eligibility, evaluation and timing in your decision-making

EXPLORE: Finding a Fellowship Mentor



Audience: PGRs, Staff

Book via: SkillsForge (PGRs), LMS (Staff)

Launchpad sessions will return from Semester 2, new dates will be added in due course

Available: Online

Duration: 45 minutes

RDF Value/skill/behaviour: Coaching and mentoring, Teamworking

Session outline

What is a Fellowship Mentor? What should I be looking for in a fellowship mentor and how will we work together?

Aspiring research fellows are invited to consider what role a fellowship mentor plays in fellowship applications and awards.

This event is part of York's Fellowship Launchpad: EXPLORE series, a series of nine short online sessions (45 minutes) introducing aspiring research fellows to key fellowship topics. The series is sequential helping you to build a strong foundational knowledge from which to start your fellowship application. Other topics include 'Research Funding (and why it matters to you!)', 'Choosing the Right Scheme for your Research', and 'Developing a Fellowship Application: Step by Step'.

Learning Objectives

- Discover what a fellowship mentor is and how they support aspiring and current fellows
- Consider strategies for making connections with potential fellowship mentors

EXPLORE: Developing a Fellowship Application: Step by Step



Audience: PGRs, Staff

Book via: SkillsForge (PGRs), LMS (Staff)

Launchpad sessions will return from Semester 2, new dates will be added in due course

Available: Online

Duration: 45 minutes

RDF Value/skill/behaviour: **Development-focused, Strategic**

Session outline

You've found a fellowship scheme that offers a great fit for you and your research, you're working with a fellowship mentor and you think it's the right time in your career to apply. What are the next steps?

Aspiring research fellows are invited to explore fellowship application writing step by step, including timelines for development and feedback and top tips for writing.

This event is part of York's Fellowship Launchpad: EXPLORE series, a series of nine short online sessions (45 minutes) introducing aspiring research fellows to key fellowship topics. The series is sequential helping you to build a strong foundational knowledge from which to start your fellowship application. Other topics include 'Research Funding (and why it matters to you!)', 'Choosing the Right Scheme for your Research', and 'Identifying your professional development needs in Fellowship proposals'.

Learning Objectives

- Gain a greater understanding of fellowship writing
- Explore the different stages of fellowship proposal development from idea to submission



NAVIGATE: UKRI Future Leaders Fellowships

Audience: PGRs, Staff

Book via: SkillsForge (PGRs), LMS (Staff)

Launchpad sessions will return from Semester 2, new dates will be added in due course

Available: Online

Duration: 1.5 hours

RDF Value/skill/behaviour: Leadership, Development-focused

Session outline

This event is part of York's Fellowship Launchpad: NAVIGATE workshops, funder-focused online workshops introducing aspiring research fellows to major funders and their fellowship schemes. At this event we will explore UKRI's Future Leaders Fellowship Scheme round 10.

Learning Objectives

- Explore the Future Leaders Fellowship Scheme including its aims and eligibility criteria
- Learn about the internal selection and evaluation processes for this fellowship scheme

EXPLORE: Identifying Your Professional Development Needs in Fellowship Proposals



Audience: PGRs, Staff

Book via: [SkillsForge \(PGRs\)](#), [LMS \(Staff\)](#)

Launchpad sessions will return from Semester 2, new dates will be added in due course

Available: Online

Duration: 45 minutes

RDF Value/skill/behaviour: Development-focused, Organised

Session outline

What are my professional development needs? What learning and development opportunities are available to me?

Aspiring research fellows are invited to think carefully about their specific professional development needs and explore how they will address them over the course of the fellowship timeline.

This event is part of York's Fellowship Launchpad: EXPLORE series, a series of nine short online sessions (45 minutes) introducing aspiring research fellows to key fellowship topics. The series is sequential helping you to build a strong foundational knowledge from which to start your fellowship application. Other topics include 'Research Funding (and why it matters to you!)', 'Choosing the Right Scheme for your Research', and 'Developing a Fellowship Application: Step by Step'.

Learning Objectives

- Learn about the role of the Concordat to Support the Career Development of Researchers and Vitae Researcher Development framework in identifying professional development needs
- Consider approaches to addressing your professional development needs within your fellowship proposal



EXPLORE: Writing a Lay Summary Within a Fellowship Application

Audience: PGRs, Staff

Book via: SkillsForge (PGRs), LMS (Staff)

Launchpad sessions will return from Semester 2, new dates will be added in due course

Available: Online

Duration: 45 minutes

RDF Value/skill/behaviour: Critical thinking and analysis, Communication, Research outputs

Session outline

Aspiring research fellows are invited to explore the importance of lay summaries within fellowship applications and top tips on how to distil your carefully thought-out proposal into a short and compelling pitch.

This event is part of York's Fellowship Launchpad: EXPLORE series, a series of nine short online sessions (45 minutes) introducing aspiring research fellows to key fellowship topics. The series is sequential helping you to build a strong foundational knowledge from which to start your fellowship application. Other topics include 'Choosing the Right Scheme for your Research', 'Getting Started with your Narrative CV' and 'Developing a Fellowship Application: Step by Step'.

Learning Objectives

- Learn about lay summaries and why they matter to funders
- Reflect on what makes a great lay summary



EXPLORE: Getting Started with Your Narrative CV

Audience: PGRs, Staff

Book via: SkillsForge (PGRs), LMS (Staff)

Launchpad sessions will return from Semester 2, new dates will be added in due course

Available: Online

Duration: 45 minutes

RDF Value/skill/behaviour: **Development-focused, Organised**

Session outline

Aspiring research fellows are invited to explore the narrative CV format (R4RI) and top tips for getting started with your own narrative CV.

This event is part of York's Fellowship Launchpad: EXPLORE series, a series of nine short online sessions (45 minutes) introducing aspiring research fellows to key fellowship topics. The series is sequential helping you to build a strong foundational knowledge from which to start your fellowship application. Other topics include 'Developing a Fellowship Application: Step by Step', 'Choosing the Right Scheme for your Research' and 'Writing a Lay Summary within a Fellowship application'.

Learning Objectives

- Learn about narrative CVs and why they matter to funders
- Discover the differences between an academic CV and narrative CV
- Identify ways of getting started with your own narrative CV

EXPLORE: Planning for Impact in Fellowship Applications



Audience: PGRs, Staff

Book via: SkillsForge (PGRs), LMS (Staff)

Launchpad sessions will return from Semester 2, new dates will be added in due course

Available: Online

Duration: 45 minutes

RDF Value/skill/behaviour: Research outputs, Strategic, Knowledge exchange and public engagement

Session outline

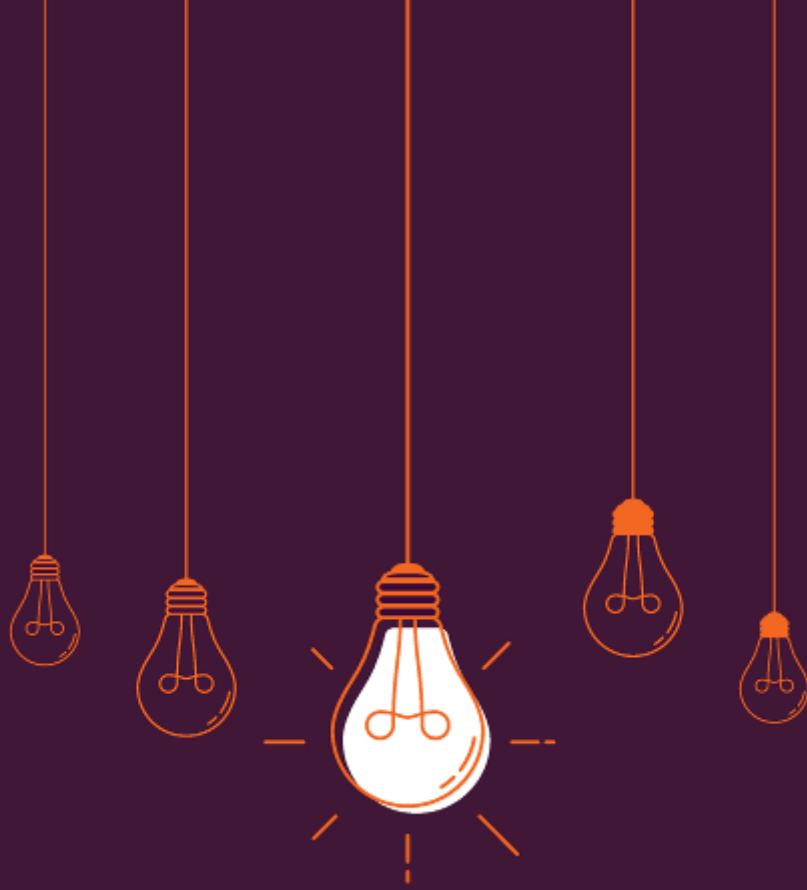
Making a difference outside of academia is an increasingly important aspect of research. Several different areas, including the economy, the environment and health and wellbeing, can be positively impacted by academic research. Many researchers are motivated by the possibility of positively impacting the wider world, and research funders are placing a greater emphasis on plans for impact.

This session will explore what research impact is and its relevance to fellowship funding. Aspiring research fellows are invited to consider how impact may fit into their fellowship applications, and how they might embed impact-related activities throughout the duration of the fellowship.

This event is part of York's Fellowship Launchpad: EXPLORE series, a series of nine short online sessions (45 minutes) introducing aspiring research fellows to key fellowship topics. The series is sequential, helping you to build a strong foundational knowledge from which to start your fellowship application. Other topics include 'Research Funding (and why it matters to you!)', 'Choosing the Right Scheme for your Research', and 'Developing a Fellowship Application: Step by Step'.

Learning Objectives

- Gain understanding of research impact and why it matters to funders
- Explore factors to consider when planning for impact in fellowship applications



Internal Resources



Academic Writing Centre

The Writing Centre offers advice and guidance on academic writing, critical thinking and analysis skills, developing effective study habits and communication skills. [PGRs can book a virtual appointment to receive personalised support](#)

Careers and Placements

The Careers Team offers support to current students and alumni at York, to help you identify and develop your skills, choose the right career, and apply for jobs. The team also has online resources, offers individual appointments, and advertises local jobs. [Visit the Careers webpages to learn more](#)

Interactive Guide to Creating Your Lab Handbook

This [interactive guide](#) is designed to help anyone in a research group to create a document which explains how your research group should work - by setting clear expectations, helping new people settle in, preventing potential conflicts and enabling people to work together effectively.

Involvement@York Resource Library

The [Involvement@York Resource Library](#) contains a range of planning tools, how-to-guides and useful templates to make supporting and carrying out meaningful public involvement in research easier and simpler.

Maths Skills Centre

The Maths Skills Centre offers advice and guidance on maths topics, statistical concepts and analysis, and preparing for numerical reasoning tests. [Book a virtual appointment to receive personalised support, or browse the available workshops](#)



Mentoring & Coaching for University Staff

The [University Mentoring Scheme](#) is open to all academic (i.e. research, post-doc, teaching and scholarship staff), professional services, and technical staff, including those on fixed-term contracts who will be employed for the full duration of the next mentoring cycle. [Coaching](#) is a way of providing additional, confidential one-to-one support to explore actionable insights and learning opportunities that can be supported back in the workplace.

eResources Guide

Access the Library's specialist databases, search engines and online archives, on- and off-campus. [Explore the eResources Guide](#)

Planning your Professional Development

To help you make informed decisions about your professional development, we've created resources to help you plan your professional development. PGRs should follow the [Professional Development Plan](#) webpage; while the [Looking Beyond Horizons](#) resources are available for Staff.

Postgraduate Researcher Mentoring Scheme

The [PGR Mentoring Scheme](#) is available to all 2nd, 3rd and final year postgraduate researchers, subject to the availability of appropriate mentors. PGRs will be matched with a postdoc/early career researcher who is willing to share their recent knowledge and experience as a researcher.

Practical Guides

Specialised, in depth [Skills Guides](#) including Bibliometrics, Open Research, Systematic Research, Research Data Management, Open Access Publishing and Creative Commons for Researchers.



Research Coding Club

Learn about a range of [research coding](#) topics, from version control to packaging and software lifecycle planning to testing and continuous integration. The theme of the programme is how FAIR (Findable Accessible, Interoperable, Reusable) principles can be applied to research software.

Research Culture & Researcher Development Team Resources

Our Team has compiled a [comprehensive collection of resources](#) from both current and past workshops within the training programme. You can access on-demand content such as slides and worksheets to supplement the workshops. This Google Site will be updated throughout the year.

Skills Guides

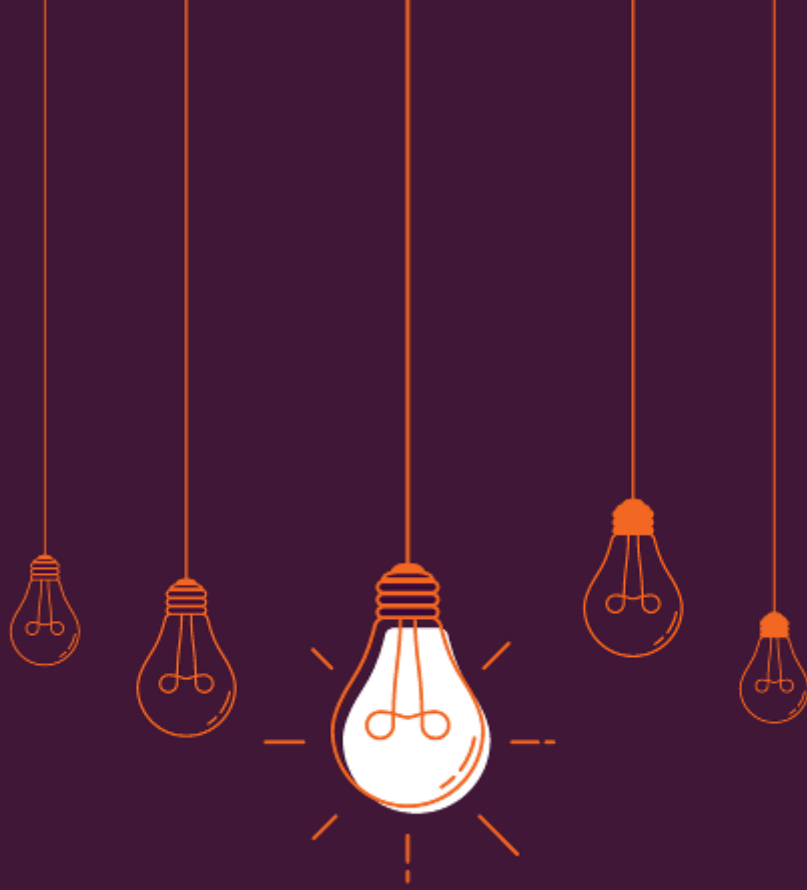
Find videos, interactive tutorials, workbooks and links to specific help for developing your digital information searching and academic skills. Organised into three themes; Find and research; Organise and analyse; Create and communicate. [View the range of Skills Guides](#), and upcoming [Skills Training events](#).

Subject Guides

Select your subject to book an appointment with your Faculty Librarian, discover books, journals and other resources and get help to improve the academic skills required for your subject. [Learn more about the support available for your subject](#)

The Anti-Racist Research Toolkit

The [Anti-Racist research toolkit](#) connects scholars and practitioners across disciplines, and provides the building blocks for developing new understandings of research processes and practices through an anti-racist lens. It is a key resource for those committed to producing research that is ethically driven and places social justice at its heart. Learn more about the Anti-Racist toolkit



External Resources



British Academy Early Career Researcher Network

The **Early Career Researcher Network** is an inclusive, researcher-led membership body accessible to all UK-based early career researchers (ECRs) (aka Postdocs) working in the humanities and social sciences – regardless of their funding source or background. The University of York is part of the Yorkshire and Humber cluster. Members benefit from mentoring schemes, training, networking events, grant-writing retreats, academic book publishing conferences, travel grants to attend network events and conferences, and seed funding opportunities.

FutureLearn Career Management for Early Career Academic Researchers

This **massive open online course (MOOC)** includes articles, videos and reflective exercises to help researchers explore various career options, both within and outside academia, and build confidence in job applications and interviews. To access the course you will need to register for a free account on FutureLearn and enrol in the course. You will have 4 weeks of free access so choose a time when you will be able to complete it within this period.

Narrative CVs

Information, guidance, and examples of best practice to support both research staff preparing narrative CVs and reviewers evaluating them for research grants and fellowships. **Resources kindly provided by the University of Sheffield.**



Prosper Portal

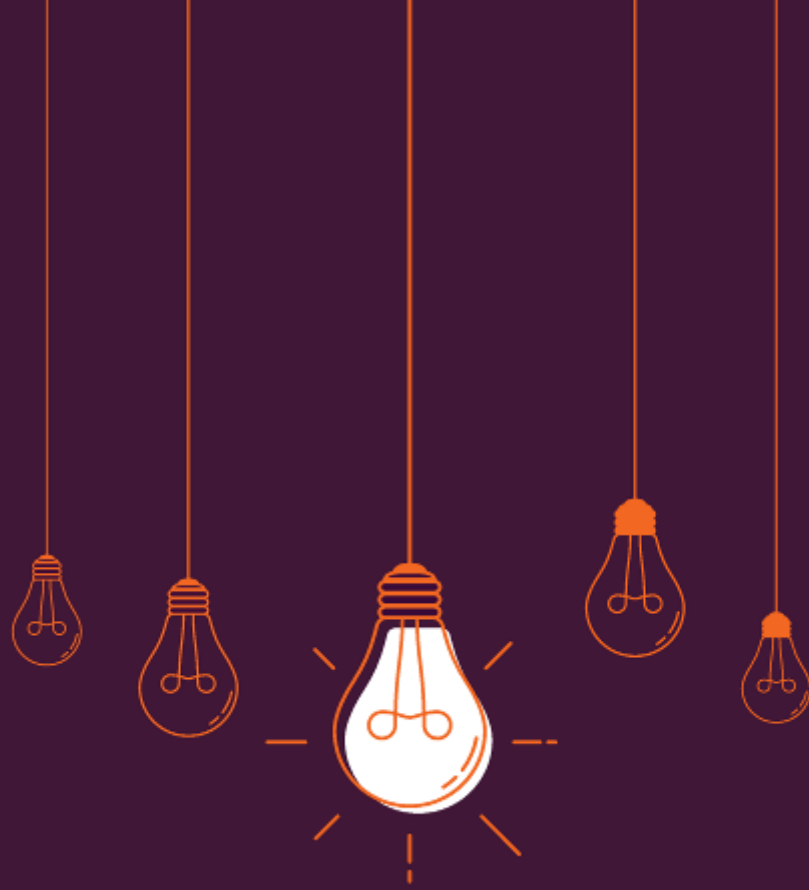
The Prosper Portal offers a wealth of tools and resources to help postdoctoral researchers explore various career pathways, both within and beyond academia. The portal is structured around three key themes: Reflect, Explore, and Act. These themes guide users through identifying their strengths and interests, exploring different career options, and taking actionable steps towards their career goals. [Watch our introductory session to help you get started with Prosper](#)

Vitae

[Vitae](#) is an organisation dedicated to supporting the professional development of researchers. York is a Vitae member: after registering with your University email address you will be able to access a variety of resources and tools to help you enhance your skills, plan your career, and connect with others. Vitae resources include the [Researcher Development Framework](#) which outlines the knowledge, behaviours and attributes of successful researchers.

White Rose University Consortium

The [White Rose University Consortium](#) is a strategic partnership between the Universities of Leeds, Sheffield and York, aimed at promoting collaboration and knowledge sharing. We recommend joining their newsletter to keep up to date with upcoming training and networking events and funding opportunities.



Events



Celebrating Spaces: Connecting Researchers

An internal open day that aims to bring together all of the University of York's research and research-enabling staff to showcase, explore, and enjoy both the wide range of research carried out at our institution and the unique and often unknown spaces that facilitate that research. [Learn more about Celebrating Spaces.](#)

PhD Spotlight

The [PhD Spotlight competition](#) challenges postgraduate researchers to engage the public with their original and cutting edge research, through the medium of an interactive display/experience. Created by the York Graduate Research School (YGRS) in 2015, PhD Spotlight originally began as a poster competition, and has since evolved to allow for greater creativity and range of mediums.

Three Minute Thesis (3MT)

3MT® competitions challenge participants to explain their research effectively and concisely to a non-specialist audience in three minutes, helping to develop their presentation and research communication skills.

Communicating to different audiences helps demonstrate the contribution that research makes to wider society and the economy. [The University of York 3MT®](#) is a chance for our PGRs to engage and enthuse an audience about their research.